



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Heat 4

28.11.2015 14:00

Race (50:00 and 1 Laps) started at 14:00:22

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
(9) Milko Potisek							(41) Lucas Dolfing						
1	14:04:51.846			1:16.837	1:48.949	1:11.330	1	14:05:12.801			1:20.279	1:59.924	1:17.147
2	14:09:49.201	4:57.355	40.272	1:17.394	1:49.230	1:10.459	2	14:10:44.891	5:32.090	41.619	1:25.057	2:04.760	1:20.654
3	14:14:53.682	5:04.481	40.537	1:19.354	1:51.723	1:12.867	3	14:16:26.703	5:41.812	45.315	1:27.502	2:05.408	1:23.587
4	14:19:53.002	4:59.320	38.879	1:18.914	1:50.720	1:10.807	4	14:22:05.540	5:38.837	45.448	1:26.175	2:04.772	1:22.442
5	14:24:58.152	5:05.150	39.299	1:19.774	1:53.841	1:12.236	5	14:27:49.154	5:43.614	46.383	1:28.602	2:06.995	1:21.634
6	14:32:38.225	7:40.073	42.518	1:20.034	1:50.317	3:47.204	6	14:36:19.332	8:30.178	49.273	1:29.543	2:09.570	4:01.792
7	14:37:41.179	5:02.954	41.842	1:18.487	1:51.000	1:11.625	7	14:42:07.183	5:47.851	47.960	1:29.179	2:08.434	1:22.278
8	14:42:48.899	5:07.720	41.533	1:19.633	1:53.753	1:12.801	8	14:47:52.385	5:45.202	46.010	1:29.901	2:07.755	1:21.536
9	14:48:05.222	5:16.323	42.853	1:24.621	1:55.751	1:13.098	9	14:53:48.338	5:55.953	47.712	1:36.045	2:09.297	1:22.899
10	14:53:22.504	5:17.282	42.080	1:23.705	1:56.819	1:14.678	10	14:59:23.909	5:35.571	45.405	1:27.694	2:02.034	1:20.438
11	14:58:40.295	5:17.791	43.229	1:22.810	1:57.176	1:14.576	(1351) Timothee Florin						
(1281) Axel van de Sande							1	14:05:27.330			1:26.064	2:02.796	1:18.549
1	14:05:23.591			1:26.803	2:00.034	1:16.586	2	14:11:00.222	5:32.892	43.097	1:28.188	2:04.868	1:16.739
2	14:10:38.425	5:14.834	41.290	1:21.517	1:54.899	1:17.128	3	14:16:36.397	5:36.175	43.128	1:26.699	2:03.827	1:22.521
3	14:16:05.421	5:26.996	40.143	1:25.441	2:01.228	1:20.184	4	14:22:20.086	5:43.689	46.231	1:30.430	2:05.783	1:21.245
4	14:21:28.891	5:23.470	42.983	1:24.150	1:58.762	1:17.575	5	14:28:02.500	5:42.414	45.284	1:29.022	2:04.623	1:23.485
5	14:26:55.075	5:26.184	42.129	1:25.094	1:59.467	1:19.494	6	14:33:43.814	5:41.314	46.173	1:29.648	2:05.189	1:20.304
6	14:32:23.879	5:28.804	42.135	1:29.498	1:59.247	1:17.924	7	14:42:12.114	8:28.300	46.444	1:30.731	2:10.738	4:00.387
7	14:37:44.224	5:20.345	41.819	1:25.378	1:59.372	1:13.776	8	14:47:51.081	5:38.967	45.205	1:29.683	2:03.485	1:20.594
8	14:46:09.001	8:24.777	38.945	1:23.853	1:58.205	4:23.774	9	14:53:45.201	5:54.120	46.620	1:32.803	2:08.777	1:25.920
9	14:51:43.589	5:34.588	43.177	1:30.866	2:00.421	1:20.124	10	14:59:37.593	5:52.392	47.283	1:32.540	2:05.646	1:26.923
10	14:57:12.762	5:29.173	43.474	1:30.010	1:57.807	1:17.882	(5) Johan Boonen						
11	15:02:29.802	5:17.040	42.420	1:24.761	1:54.417	1:15.442	1	14:05:09.349			1:20.003	1:57.161	1:15.999
(53) Stefan Hage							2	14:10:30.736	5:21.387	44.437	1:23.545	1:57.390	1:16.015
1	14:05:10.959			1:21.067	1:57.853	1:15.528	3	14:16:03.576	5:32.840	42.747	1:25.231	2:04.836	1:20.026
2	14:10:25.929	5:14.970	40.470	1:20.826	1:59.562	1:14.112	4	14:24:51.393	8:47.817	45.796	1:24.812	2:03.102	4:34.107
3	14:16:00.662	5:34.733	44.368	1:25.678	2:05.623	1:19.064	5	14:30:27.184	5:35.791	45.143	1:26.589	2:04.009	1:20.050
4	14:21:30.497	5:29.835	46.135	1:25.539	2:00.652	1:17.509	6	14:36:09.678	5:42.494	44.294	1:27.171	2:07.395	1:23.634
5	14:26:57.172	5:26.675	42.488	1:22.215	2:05.083	1:16.889	7	14:42:11.778	6:02.100	44.652	1:45.203	2:09.372	1:22.873
6	14:32:21.609	5:24.437	42.604	1:24.344	1:59.926	1:17.563	8	14:47:58.351	5:46.573	47.687	1:33.342	2:06.030	1:19.514
7	14:37:40.980	5:19.371	43.560	1:23.767	1:59.045	1:12.999	9	14:53:54.189	5:55.838	46.275	1:35.589	2:10.620	1:23.354
8	14:43:01.985	5:21.005	41.283	1:21.632	1:59.565	1:18.525	10	14:59:52.763	5:58.574	47.293	1:35.765	2:09.974	1:25.542
9	14:51:47.451	8:45.466	45.931	1:27.888	2:04.465	4:27.182	(13) Max van Engelen						
10	14:57:12.899	5:25.448	43.346	1:27.717	1:57.959	1:16.426	1	14:05:15.079			1:23.053	1:58.995	1:16.691
11	15:02:31.720	5:18.821	42.433	1:23.620	1:59.511	1:13.257	2	14:10:45.478	5:30.399	42.344	1:22.544	2:05.794	1:19.717
(25) Rick Satink							3	14:16:25.612	5:40.134	46.236	1:23.854	2:06.342	1:23.702
1	14:04:58.364			1:21.228	1:50.672	1:10.770	4	14:22:11.135	5:45.523	46.263	1:25.481	2:09.108	1:24.671
2	14:10:07.959	5:09.595	39.139	1:22.488	1:53.908	1:14.060	5	14:32:09.486	9:58.351	46.140	1:27.527	2:14.931	5:29.753
3	14:15:22.872	5:14.913	40.421	1:22.628	1:57.531	1:14.333	6	14:37:52.361	5:42.875	46.834	1:24.985	2:08.397	1:22.659
4	14:20:45.072	5:22.200	41.489	1:25.455	1:57.992	1:17.264	7	14:43:44.882	5:52.521	45.789	1:32.411	2:10.965	1:23.356
5	14:29:06.822	8:21.750	43.623	1:25.855	2:01.885	4:10.387	8	14:49:48.153	6:03.271	48.717	1:34.023	2:12.261	1:28.270
6	14:34:29.596	5:22.774	41.218	1:26.259	1:58.492	1:16.805	9	14:55:48.063	5:59.910	48.910	1:32.072	2:12.771	1:26.157
7	14:39:59.868	5:30.272	44.636	1:27.802	2:02.092	1:15.742	10	15:01:48.806	6:00.743	49.551	1:31.388	2:12.026	1:27.778
8	14:45:36.216	5:36.348	43.522	1:28.649	2:03.772	1:20.405	(29) Richard Nugteren						
9	14:51:16.760	5:40.544	44.638	1:31.754	2:04.793	1:19.359	1	14:05:24.685			1:24.058	2:03.797	1:19.898
10	14:56:58.953	5:42.193	44.044	1:30.873	2:04.325	1:22.951	2	14:11:11.987	5:47.302	43.995	1:30.099	2:08.704	1:24.504
11	15:02:40.516	5:41.563	45.087	1:31.422	2:03.416	1:21.638	3	14:17:01.430	5:49.443	45.772	1:26.400	2:14.771	1:22.500
(1210) Stuwey Reijnders							4	14:22:46.870	5:45.440	47.626	1:23.367	2:12.034	1:22.413
1	14:05:18.014			1:28.103	1:59.288	1:12.676	5	14:28:47.539	6:00.669	44.974	1:36.773	2:15.306	1:23.616
2	14:10:42.567	5:24.553	42.736	1:25.293	2:01.616	1:14.908	6	14:38:17.478	9:29.939	45.061	1:31.225	2:16.982	4:56.671
3	14:16:15.369	5:32.802	42.604	1:30.196	2:02.303	1:17.699	7	14:44:07.864	5:50.386	46.633	1:27.600	2:12.270	1:23.883
4	14:21:40.545	5:25.176	42.998	1:25.368	2:00.660	1:16.150	8	14:50:12.551	6:04.687	46.009	1:39.373	2:11.675	1:27.630
5	14:27:13.530	5:32.985	42.365	1:28.828	2:03.602	1:18.190	9	14:56:17.380	6:04.829	48.090	1:35.464	2:13.249	1:28.026
6	14:36:17.788	9:04.258	42.600	1:29.959	2:01.978	4:49.721	10	15:02:13.751	5:56.371	47.664	1:36.567	2:08.000	1:24.140
7	14:41:50.347	5:32.559	44.873	1:27.265	2:02.903	1:17.518	(49) William Saris						
8	14:47:16.647	5:26.300	42.531	1:26.568	2:00.124	1:17.077	1	14:04:56.543			1:18.238	1:51.858	1:10.843
9	14:52:47.701	5:31.054	43.839	1:29.418	1:59.820	1:17.977	2	14:10:05.204	5:08.661	38.450	1:15.404	1:55.685	1:19.122
10	14:58:26.311	5:38.610	44.623	1:29.213	2:05.635	1:19.139	3	14:15:34.668	5:29.464	41.483	1:23.955	2:02.370	1:21.656
11	15:04:13.252	5:46.941	46.437	1:32.467	2:05.091	1:22.946	4	14:24:58.943	9:24.275	42.093	1:21.977	2:02.876	5:17.329
							5	14:30:24.153	5:25.210	43.572	1:21.458	2:01.184	1:18.996



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Heat 4

28.11.2015 14:00

Race (50:00 and 1 Laps) started at 14:00:22

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
6	14:36:14.083	5:49.930	43.166	1:22.019	2:24.217	1:20.528	2	14:12:01.690	5:47.436	46.508	1:28.701	2:10.090	1:22.137
7	14:41:49.971	5:35.888	46.422	1:23.420	2:04.466	1:21.580	3	14:17:56.072	5:54.382	46.680	1:28.119	2:12.500	1:27.083
8	14:50:28.334	8:38.363	43.966	1:22.263	2:01.685	4:30.449	4	14:24:03.410	6:07.338	49.200	1:30.438	2:20.955	1:26.745
9	14:56:22.319	5:53.985	51.617	1:27.590	2:10.047	1:24.731	5	14:34:32.211	10:28.801	52.919	1:31.503	2:18.492	5:45.887
10	15:02:19.231	5:56.912	48.971	1:29.811	2:11.415	1:26.715	6	14:40:43.783	6:11.572	49.245	1:33.420	2:20.020	1:28.887
(1150) Wessel Bosch							7	14:46:55.697	6:11.914	51.465	1:34.721	2:15.247	1:30.481
1	14:05:24.502				2:05.933	1:18.544	8	14:53:07.427	6:11.730	50.950	1:35.287	2:18.235	1:27.258
2	14:11:13.030	5:48.528	45.401	1:30.630	2:11.710	1:20.787	9	14:59:22.206	6:14.779	52.247	1:33.559	2:19.515	1:29.458
3	14:17:11.462	5:58.432	45.750	1:32.660	2:17.085	1:22.937	(1155) Dennis van Rooij						
4	14:23:04.180	5:52.718			2:14.157	1:22.732	1	14:05:49.141			1:30.598	2:17.927	1:23.975
5	14:29:02.174	5:57.994			2:14.033	1:27.690	2	14:11:49.681	6:00.540	47.050	1:30.563	2:16.602	1:26.325
6	14:38:28.559	9:26.385	49.500	1:35.279	2:22.281	4:39.325	3	14:18:05.328	6:15.647	50.797	1:34.049	2:22.065	1:28.736
7	14:44:30.730	6:02.171	47.599	1:31.302	2:15.377	1:27.893	4	14:24:26.782	6:21.454	51.221	1:33.646	2:26.213	1:30.374
8	14:50:39.873	6:09.143			2:18.328	1:25.587	5	14:34:01.669	9:34.887	48.651	1:35.376	2:24.973	4:45.887
9	14:56:58.177	6:18.304	50.951	1:37.882	2:17.797	1:31.674	6	14:40:09.599	6:07.930	49.981	1:31.667	2:17.875	1:28.407
10	15:03:07.110	6:08.933	50.188	1:37.514	2:14.707	1:26.524	7	14:46:27.854	6:18.255	52.040	1:34.712	2:21.423	1:30.080
(17) Ismo ten Velde							8	14:52:57.088	6:29.234	53.517	1:38.759	2:25.393	1:31.565
1	14:05:38.169			1:28.549	2:11.095	1:21.415	9	14:59:24.836	6:27.748	51.483	1:35.202	2:28.149	1:32.914
2	14:11:26.251	5:48.082	45.715	1:28.561	2:10.898	1:22.908	(1217) Joey Reijnders						
3	14:17:24.269	5:58.018	47.724	1:31.399	2:15.384	1:23.511	1	14:05:45.944			1:30.407	2:13.287	1:23.297
4	14:23:32.215	6:07.946	47.152	1:34.097	2:20.175	1:26.522	2	14:11:42.049	5:56.105	46.785	1:26.498	2:16.146	1:26.676
5	14:29:34.354	6:02.139	48.126	1:34.777	2:14.354	1:24.882	3	14:17:41.674	5:59.625	47.633	1:27.680	2:18.288	1:26.024
6	14:38:16.870	8:42.516	47.673	1:35.775	2:11.776	4:07.292	4	14:23:52.641	6:10.967	47.870	1:30.722	2:22.448	1:29.927
7	14:44:20.279	6:03.409	51.211	1:34.968	2:12.239	1:24.991	5	14:34:38.795	10:46.154	49.019	1:30.855	2:22.575	6:03.705
8	14:50:49.443	6:29.164	47.954	1:36.616	2:37.378	1:27.216	6	14:40:44.201	6:05.406	49.912	1:32.942	2:14.939	1:27.613
9	14:57:11.218	6:21.775	50.016	1:38.831	2:20.032	1:32.896	7	14:46:55.011	6:10.810	48.398	1:37.342	2:15.790	1:29.280
10	15:03:38.080	6:26.862	50.813	1:40.760	2:22.083	1:33.206	8	14:53:11.694	6:16.683	49.099	1:36.493	2:18.598	1:32.493
(1157) Klaas Hofstede							9	14:59:46.683	6:34.989	52.096	1:44.351	2:23.532	1:35.010
1	14:05:43.738			1:25.269	2:24.397	1:17.119	(1275) Sander van Herpen						
2	14:11:18.840	5:35.102	43.748	1:25.735	2:07.473	1:18.146	1	14:05:28.496			1:26.364	2:04.058	1:21.137
3	14:17:06.941	5:48.101	43.977	1:25.478	2:14.621	1:24.025	2	14:11:11.116	5:42.620	42.723	1:24.880	2:09.545	1:25.472
4	14:23:04.800	5:57.859	47.589	1:25.730	2:16.676	1:27.864	3	14:17:17.114	6:05.998	46.528	1:30.864	2:19.611	1:28.995
5	14:33:43.112	10:38.312	47.027	1:26.475	2:21.867	6:02.943	4	14:28:49.583	11:32.469	47.941	1:31.938	2:20.549	6:52.041
6	14:39:45.166	6:02.054	45.844	1:27.918	2:19.385	1:28.907	5	14:34:49.442	5:59.859	46.509	1:30.083	2:16.284	1:26.983
7	14:45:54.811	6:09.645	49.171	1:29.134	2:21.871	1:29.469	6	14:41:25.498	6:36.056	48.588	1:47.876	2:23.689	1:35.903
8	14:52:04.426	6:09.615	48.645	1:31.081	2:21.271	1:28.618	7	14:47:35.921	6:10.423	48.936	1:36.925	2:14.197	1:30.365
9	14:58:24.153	6:19.727	49.307	1:32.609	2:27.121	1:30.690	8	14:54:03.451	6:27.530	51.162	1:43.616	2:22.365	1:30.387
10	15:04:45.084	6:20.931	52.371	1:31.819	2:23.703	1:33.038	9	15:00:17.483	6:14.032	49.677	1:39.089	2:15.910	1:29.356
(1153) Ralph Slager							(1375) Jonathan Braam						
1	14:05:35.314			1:28.586	2:07.682	1:21.456	1	14:05:53.052			1:29.959	2:17.266	1:26.164
2	14:11:20.203	5:44.889	42.802	1:29.713	2:08.573	1:23.801	2	14:11:51.479	5:58.427	47.422	1:29.498	2:16.357	1:25.150
3	14:17:58.901	6:38.698	59.660	1:33.374	2:36.685	1:28.979	3	14:18:03.787	6:12.308	47.707	1:33.327	2:23.772	1:27.502
4	14:24:12.446	6:13.545	48.371	1:33.469	2:22.475	1:29.230	4	14:24:13.722	6:09.935	49.203	1:34.728	2:15.907	1:30.097
5	14:33:56.836	9:44.390	47.148	1:29.518	2:18.158	5:09.566	5	14:34:57.662	10:43.940	53.422	1:33.468	2:19.415	5:57.635
6	14:39:55.848	5:59.012	48.392	1:30.199	2:15.882	1:24.539	6	14:41:14.763	6:17.101	48.450	1:37.320	2:20.575	1:30.756
7	14:46:23.520	6:27.672	45.857	1:31.501	2:39.948	1:30.366	7	14:47:42.126	6:27.363	51.335	1:37.805	2:25.119	1:33.104
8	14:52:35.233	6:11.713	50.943	1:33.698	2:17.463	1:29.609	8	14:54:10.073	6:27.947	52.836	1:41.683	2:19.865	1:33.563
9	14:58:50.206	6:14.973	48.866	1:36.810	2:18.124	1:31.173	9	15:00:36.529	6:26.456	49.736	1:39.329	2:25.816	1:31.575
(1184) Lars Griekspoor							(1311) Dave Kaers						
1	14:05:43.426			1:32.305	2:10.259	1:22.861	1	14:05:51.487			1:26.219	2:23.287	1:22.977
2	14:11:37.761	5:54.335	44.165	1:32.726	2:10.354	1:27.090	2	14:11:48.852	5:57.365	46.356	1:30.600	2:14.020	1:26.389
3	14:17:40.145	6:02.384	46.540	1:34.659	2:11.912	1:29.273	3	14:18:04.395	6:15.543	50.020	1:34.327	2:21.618	1:29.578
4	14:23:48.219	6:08.074	48.017	1:34.938	2:12.580	1:32.539	4	14:24:25.444	6:21.049	52.057	1:39.220	2:19.946	1:29.826
5	14:34:15.131	10:26.912	49.279	1:37.553	2:12.769	5:47.311	5	14:35:51.184	11:25.740	51.085	1:40.510	2:19.249	6:34.896
6	14:40:28.122	6:12.991	50.500	1:38.278	2:13.372	1:30.841	6	14:42:09.641	6:18.457	51.362	1:35.896	2:20.868	1:30.331
7	14:46:45.488	6:17.366	52.634	1:41.665	2:13.321	1:29.746	7	14:48:25.220	6:15.579	51.828	1:33.399	2:18.358	1:31.994
8	14:53:02.207	6:16.719	50.185	1:43.519	2:12.539	1:30.476	8	14:54:48.538	6:23.318	54.140	1:35.828	2:22.787	1:30.563
9	14:59:19.120	6:16.913	49.472	1:39.756	2:12.691	1:34.994	9	15:01:15.983	6:27.445	52.019	1:36.020	2:26.352	1:33.054
(1268) Kenny van Rooij							(1187) Damien van Erkelens						
1	14:06:14.254			1:52.424	2:19.837	1:23.269	1	14:06:13.223			1:44.196	2:23.333	1:24.384



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Heat 4

28.11.2015 14:00

Race (50:00 and 1 Laps) started at 14:00:22

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
2	14:12:27.959	6:14.736	47.326	1:38.480	2:18.233	1:30.697	2	14:12:28.189	6:06.166	47.146	1:31.924	2:18.599	1:28.497
3	14:18:54.172	6:26.213	49.513	1:40.630	2:26.877	1:29.193	3	14:18:54.691	6:26.502	51.176	1:36.852	2:28.485	1:29.989
4	14:29:21.003	10:26.831	46.203	1:40.543	2:26.872	5:33.213	4	14:25:25.693	6:31.002	54.054	1:40.047	2:22.413	1:34.488
5	14:35:43.897	6:22.894	47.721	1:39.778	2:24.539	1:30.856	5	14:31:51.406	6:25.713	53.779	1:38.205	2:21.153	1:32.576
6	14:42:07.220	6:23.323	46.531	1:44.099	2:23.136	1:29.557	6	14:43:29.622	11:38.216	53.134	1:39.750	2:24.730	6:40.602
7	14:48:43.892	6:36.672	1:03.425	1:39.456	2:22.031	1:31.760	7	14:50:06.625	6:37.003	52.120	1:42.625	2:27.434	1:34.824
8	14:55:03.658	6:19.766	48.334	1:39.913	2:18.813	1:32.706	8	14:56:33.411	6:26.786	51.356	1:42.884	2:24.172	1:28.374
9	15:01:33.865	6:30.207	47.487	1:38.095	2:27.617	1:37.008	9	15:03:07.789	6:34.378	52.438	1:44.898	2:26.171	1:30.871
(1180) Sander van Hooff							(1194) Tom Engelen						
1	14:05:31.505			1:27.619	2:06.885	1:19.545	1	14:06:16.421			1:41.264	2:23.647	1:31.603
2	14:11:24.935	5:53.430	43.862	1:29.282	2:15.910	1:24.376	2	14:12:48.443	6:32.022	49.035	1:40.579	2:28.874	1:33.534
3	14:17:44.013	6:19.078	49.560	1:37.979	2:21.456	1:30.083	3	14:19:29.720	6:41.277	54.878	1:39.942	2:29.397	1:37.060
4	14:24:16.315	6:32.302	51.105	1:43.542	2:25.919	1:31.736	4	14:26:17.730	6:48.010	53.012	1:45.238	2:32.428	1:37.332
5	14:35:14.043	10:57.728	52.537	1:47.221	2:25.003	5:52.967	5	14:36:02.396	9:44.666	53.909	1:47.042	2:34.682	4:29.033
6	14:41:34.586	6:20.543	50.163	1:39.511	2:19.479	1:31.390	6	14:42:40.535	6:38.139	53.713	1:45.220	2:23.439	1:35.767
7	14:48:11.767	6:37.181	53.799	1:42.355	2:29.801	1:31.226	7	14:49:28.682	6:48.147	55.460	1:48.975	2:27.643	1:36.069
8	14:54:54.843	6:43.076	55.016	1:48.829	2:28.147	1:31.084	8	14:56:16.399	6:47.717	54.816	1:48.627	2:28.454	1:35.820
9	15:01:41.533	6:46.690	53.177	1:47.488	2:30.780	1:35.245	9	15:03:09.297	6:52.898	55.949	1:50.590	2:30.182	1:36.177
(37) Bas Klein Haneveld							(1335) Jan Schepers						
1	14:06:31.654			2:02.456	2:26.099	1:26.672	1	14:06:10.020			1:33.808	2:26.607	1:29.128
2	14:12:48.127	6:16.473	48.885	1:35.960	2:22.374	1:29.254	2	14:12:32.037	6:22.017	48.416	1:35.813	2:27.154	1:30.634
3	14:19:01.691	6:13.564	48.328	1:29.746	2:22.676	1:32.814	3	14:19:02.495	6:30.458	49.732	1:33.345	2:34.483	1:32.898
4	14:25:27.796	6:26.105	50.153	1:33.651	2:26.240	1:36.061	4	14:25:36.663	6:34.168	52.156	1:32.948	2:33.444	1:35.620
5	14:36:05.691	10:37.895	51.318	1:35.149	2:25.258	5:46.170	5	14:36:17.991	10:41.328	53.845	1:35.507	2:32.452	5:39.524
6	14:42:33.366	6:27.675	52.520	1:35.959	2:26.633	1:32.563	6	14:42:51.882	6:33.891	52.153	1:35.855	2:30.665	1:35.218
7	14:49:06.653	6:33.287	54.743	1:36.879	2:28.508	1:33.157	7	14:49:32.352	6:40.470	51.078	1:42.130	2:31.398	1:35.864
8	14:55:38.808	6:32.155	53.214	1:40.490	2:28.117	1:30.334	8	14:56:16.147	6:43.795	50.933	1:43.438	2:33.691	1:35.733
9	15:02:01.414	6:22.606	56.814	1:37.395	2:18.021	1:30.376	9	15:03:10.536	6:54.389	53.362	1:44.247	2:34.847	1:41.933
(1185) Willem Coppes							(1192) Vincent Rikhof						
1	14:05:48.330			1:28.605	2:13.310	1:27.102	1	14:06:03.087			1:27.480	2:30.709	1:23.785
2	14:11:53.441	6:05.111	46.781	1:31.301	2:22.391	1:24.638	2	14:12:25.575	6:22.488	49.303	1:34.408	2:26.599	1:32.178
3	14:18:19.930	6:26.489	49.486	1:35.821	2:31.526	1:29.656	3	14:19:12.601	6:47.026	51.852	1:34.132	2:45.878	1:35.164
4	14:24:47.939	6:28.009	51.452	1:40.675	2:24.373	1:31.509	4	14:25:51.350	6:38.749	50.186	1:40.093	2:33.976	1:34.494
5	14:36:16.311	11:28.372	49.088	1:41.989	2:21.506	6:35.789	5	14:37:27.388	11:36.038	51.749	1:35.506	2:32.049	6:36.734
6	14:42:43.126	6:26.815	51.785	1:42.946	2:20.757	1:31.327	6	14:44:00.325	6:32.937	51.323	1:40.218	2:29.539	1:31.857
7	14:49:15.921	6:32.795	52.102	1:44.702	2:25.906	1:30.085	7	14:50:25.966	6:25.641	49.311	1:38.354	2:26.617	1:31.359
8	14:55:40.521	6:24.600	49.555	1:42.638	2:20.671	1:31.736	8	14:56:46.825	6:20.859	51.841	1:35.259	2:24.160	1:29.599
9	15:02:08.353	6:27.832	50.916	1:41.395	2:22.789	1:32.732	9	15:03:17.691	6:30.866	48.882	1:37.260	2:33.015	1:31.709
(1262) Gerwin Cuijpers							(1182) Johnny Bosmans						
1	14:06:12.245			1:31.265	2:25.652	1:27.401	1	14:06:02.172			1:31.202	2:26.230	1:27.709
2	14:12:32.910	6:20.665	46.946	1:34.431	2:29.724	1:29.564	2	14:12:33.520	6:31.348	47.682	1:34.552	2:32.464	1:36.650
3	14:19:15.537	6:42.627	52.006	1:35.190	2:36.916	1:38.515	3	14:19:14.950	6:41.430	53.459	1:36.404	2:36.613	1:34.954
4	14:29:41.082	10:25.545	53.134	1:35.975	2:29.638	5:26.798	4	14:25:50.772	6:35.822	49.957	1:35.506	2:35.745	1:34.614
5	14:36:12.245	6:31.163	49.812	1:34.689	2:36.265	1:30.397	5	14:32:33.333	6:42.561	51.336	1:37.637	2:38.276	1:35.312
6	14:42:45.330	6:33.085	53.638	1:40.282	2:26.019	1:33.146	6	14:39:16.565	6:43.232	54.172	1:35.514	2:36.883	1:36.663
7	14:49:18.404	6:33.074	53.909	1:43.519	2:25.015	1:30.631	7	14:50:10.958	10:54.393	51.463	1:35.539	2:34.613	5:52.778
8	14:55:48.137	6:29.733	53.232	1:40.972	2:23.547	1:31.982	8	14:57:04.858	6:53.900	56.329	1:37.210	2:40.067	1:40.294
9	15:02:34.382	6:46.245	53.582	1:42.291	2:35.196	1:35.176	9	15:03:56.441	6:51.583	57.405	1:42.020	2:39.103	1:33.055
(1285) Leon van der Straaten							(1345) Laurens van Gils						
1	14:05:52.612			1:32.796	2:13.948	1:26.763	1	14:06:07.846			1:32.342	2:26.331	1:29.728
2	14:11:55.383	6:02.771	46.475	1:32.510	2:17.203	1:26.583	2	14:12:29.171	6:21.325	49.001	1:28.503	2:30.601	1:33.220
3	14:18:11.964	6:16.581	52.101	1:38.998	2:16.136	1:29.346	3	14:19:11.319	6:42.148	52.865	1:35.797	2:36.726	1:36.760
4	14:24:30.095	6:18.131	53.745	1:37.988	2:19.250	1:27.148	4	14:25:55.610	6:44.291	52.908	1:41.866	2:34.635	1:34.882
5	14:37:12.340	12:42.245	51.613	1:40.989	2:24.067	7:45.576	5	14:37:04.700	11:09.090	52.548	1:43.949	2:31.113	6:01.480
6	14:43:17.716	6:05.376	47.870	1:32.110	2:15.935	1:29.461	6	14:43:36.376	6:31.676	49.692	1:38.551	2:30.831	1:32.602
7	14:49:44.828	6:27.112	50.498	1:38.586	2:21.783	1:36.245	7	14:50:23.975	6:47.599	52.432	1:45.511	2:34.810	1:34.846
8	14:56:12.877	6:28.049	52.702	1:39.478	2:22.603	1:33.266	8	14:57:14.754	6:50.779	54.972	1:39.590	2:39.428	1:36.789
9	15:02:45.077	6:32.200	53.556	1:38.253	2:25.904	1:34.487	9	15:04:00.436	6:45.682	54.221	1:39.484	2:35.412	1:36.565
(1197) Arjan van der Vleuten							(1353) Ramon van Hamond						
1	14:06:22.023			1:33.688	2:41.828	1:26.316	1	14:06:12.498			1:39.711	2:19.627	1:27.023



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Heat 4

28.11.2015 14:00

Race (50:00 and 1 Laps) started at 14:00:22

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
2	14:12:25.637	6:13.139	50.501	1:30.946	2:21.167	1:30.525	4	14:26:59.327	6:49.121	53.142	1:47.897	2:31.819	1:36.263
3	14:19:21.078	6:55.441	49.554	1:34.327	2:56.899	1:34.661	5	14:38:13.151	11:13.824	52.264	1:49.270	2:38.365	5:53.925
4	14:26:01.372	6:40.294	54.330	1:38.758	2:35.929	1:31.277	6	14:45:02.160	6:49.009	54.212	1:42.474	2:34.906	1:37.417
5	14:37:10.510	11:09.138	55.831	1:41.575	2:29.144	6:02.588	7	14:52:01.572	6:59.412	55.313	1:48.445	2:34.853	1:40.801
6	14:43:51.437	6:40.927	53.600	1:40.562	2:33.622	1:33.143	8	14:59:06.943	7:05.371	55.506	1:51.684	2:36.597	1:41.584
7	14:50:36.905	6:45.468	52.444	1:41.608	2:36.828	1:34.588	(1178) Floris Beekmans						
8	14:57:29.566	6:52.661	58.403	1:44.493	2:33.840	1:35.925	1	14:06:30.999			1:39.844	2:36.129	1:35.304
9	15:04:29.998	7:00.432	56.314	1:43.209	2:41.607	1:39.302	2	14:13:21.394	6:50.395	51.204	1:51.203	2:33.538	1:34.450
(1225) Erwin Manders							3	14:20:21.028	6:59.634	53.615	1:49.433	2:36.625	1:39.961
1	14:06:10.082			1:38.213	2:18.375	1:33.029	4	14:27:34.481	7:13.453	55.907	1:49.415	2:45.018	1:43.113
2	14:12:38.911	6:28.829	50.121	1:37.973	2:26.087	1:34.648	5	14:38:11.695	10:37.214	54.971	1:45.572	2:34.207	5:22.464
3	14:19:13.903	6:34.992	53.125	1:38.117	2:26.411	1:37.339	6	14:45:08.495	6:56.800	50.939	1:43.063	2:40.562	1:42.236
4	14:25:49.026	6:35.123	53.967	1:40.712	2:26.810	1:33.634	7	14:52:15.695	7:07.200	55.648	1:48.693	2:41.167	1:41.692
5	14:32:24.778	6:35.752	54.672	1:39.717	2:25.705	1:35.658	8	14:59:29.698	7:14.003	56.056	1:51.480	2:42.076	1:44.391
6	14:44:31.440	12:06.662	51.780	1:39.982	2:25.682	7:09.218	(1498) Tom Hemmelder						
7	14:51:02.653	6:31.213	52.203	1:43.187	2:24.424	1:31.399	1	14:06:30.275			1:37.227	2:29.876	1:38.232
8	14:57:44.249	6:41.596	55.006	1:43.921	2:26.280	1:36.389	2	14:13:14.825	6:44.550	51.202	1:46.147	2:32.663	1:34.538
9	15:04:32.477	6:48.228	54.249	1:53.335	2:28.945	1:31.699	3	14:20:00.729	6:45.904	51.470	1:43.559	2:35.662	1:35.213
(1388) Bart Vanhove							4	14:26:47.979	6:47.250	54.485	1:45.918	2:30.414	1:36.433
1	14:06:24.141			1:36.900	2:19.154	1:30.625	5	14:38:39.778	11:51.799	54.985	1:51.053	2:35.938	6:29.823
2	14:13:01.461	6:37.320	48.100	1:37.390	2:41.605	1:30.225	6	14:45:33.753	6:53.975	55.825	1:46.430	2:32.971	1:38.749
3	14:19:25.989	6:24.528	50.603	1:32.580	2:25.710	1:35.635	7	14:52:36.133	7:02.380	58.684	1:49.828	2:32.936	1:40.932
4	14:26:07.306	6:41.317	53.320	1:37.008	2:34.086	1:36.903	8	14:59:45.551	7:09.418	57.402	1:47.473	2:44.325	1:40.218
5	14:37:19.302	11:11.996	53.551	1:39.325	2:28.210	6:10.910	(1321) Peter Vermeulen						
6	14:44:06.638	6:47.336	51.985	1:38.511	2:38.327	1:38.513	1	14:06:53.852			1:46.868	2:45.249	1:33.692
7	14:51:18.467	7:11.829	1:17.365	1:41.475	2:37.733	1:35.256	2	14:14:16.681	7:22.829	52.109	1:50.577	3:01.327	1:38.816
8	14:58:18.063	6:59.596	54.203	1:45.239	2:38.622	1:41.532	3	14:21:07.108	6:50.427	53.523	1:47.065	2:31.355	1:38.484
9	15:05:29.889	7:11.826	57.019	1:56.123	2:40.136	1:38.548	4	14:27:53.275	6:46.167	50.695	1:49.391	2:32.096	1:33.985
(1245) Jop Koopmans							5	14:35:04.572	7:11.297	1:11.173	1:49.936	2:32.312	1:37.876
1	14:06:28.033			1:38.969	2:37.358	1:30.697	6	14:42:09.437	7:04.865	55.885	1:49.443	2:41.135	1:38.402
2	14:13:19.759	6:51.726	48.080	1:39.682	2:49.969	1:33.995	7	14:53:09.069	10:59.632	57.262	1:49.715	2:38.610	5:34.045
3	14:20:36.631	7:16.872	54.315	1:38.981	3:05.246	1:38.330	8	15:00:11.683	7:02.614	55.766	1:51.680	2:34.380	1:40.788
4	14:27:50.640	7:14.009	52.837	1:40.435	3:02.909	1:37.828	(1379) Pascal Maas						
5	14:37:54.719	10:04.079	57.146	1:42.611	2:48.726	4:35.596	1	14:06:58.041			1:55.283	2:44.802	1:34.762
6	14:44:50.631	6:55.912	56.514	1:40.182	2:43.641	1:35.575	2	14:13:43.333	6:45.292	51.735	1:39.901	2:35.226	1:38.430
7	14:51:37.529	6:46.898	53.393	1:38.401	2:38.603	1:36.501	3	14:20:37.618	6:54.285	53.069	1:42.419	2:44.621	1:34.176
8	14:58:33.589	6:56.060	55.802	1:37.918	2:44.229	1:38.111	4	14:32:17.209	11:39.591	53.051	1:38.641	2:34.248	6:33.651
9	15:05:44.078	7:10.489	59.003	1:44.040	2:51.894	1:35.552	5	14:39:07.629	6:50.420	52.685	1:40.485	2:35.696	1:41.554
(1204) Jeffrey van Vliet							6	14:46:03.482	6:55.853	55.359	1:43.201	2:40.878	1:36.415
1	14:06:51.398			1:51.557	2:42.811	1:35.409	7	14:53:07.094	7:03.612	57.746	1:45.182	2:41.111	1:39.573
2	14:13:33.285	6:41.887	53.556	1:43.130	2:30.602	1:34.599	8	15:00:33.709	7:26.615	59.038	1:45.813	2:54.402	1:47.362
3	14:20:23.233	6:49.948	54.086	1:44.594	2:32.576	1:38.692	(1500) Robin Krol						
4	14:27:15.331	6:52.098	54.333	1:47.830	2:33.059	1:36.876	1	14:06:42.577			1:40.632	2:44.436	1:31.173
5	14:34:06.925	6:51.594	53.587	1:47.254	2:31.766	1:38.987	2	14:13:25.542	6:42.965	51.787	1:41.369	2:36.313	1:33.496
6	14:44:43.999	10:37.074	54.661	1:51.317	2:39.799	5:11.297	3	14:20:14.683	6:49.141	53.136	1:40.118	2:42.032	1:33.855
7	14:51:35.213	6:51.214	55.022	1:46.620	2:33.570	1:36.002	4	14:32:21.346	12:06.663	55.046	1:43.569	2:39.923	6:48.125
8	14:58:40.573	7:05.360	53.404	1:49.597	2:38.890	1:43.469	5	14:39:30.986	7:09.640	50.206	1:43.475	2:58.428	1:37.531
(1174) Rick ter Mors							6	14:46:17.552	6:46.566	53.537	1:48.223	2:27.094	1:37.712
1	14:05:45.118			1:32.964	2:16.534	1:18.177	7	14:53:25.666	7:08.114	56.890	1:48.409	2:40.568	1:42.247
2	14:11:40.960	5:55.842	43.650	1:33.585	2:13.170	1:25.437	8	15:00:34.035	7:08.369	56.013	1:53.172	2:40.794	1:38.390
3	14:25:06.099	13:25.139	2:09.187	2:10.258	2:28.377	6:37.317	(1333) Ronnie van der Burgt						
4	14:31:38.149	6:32.050	51.809	1:39.694	2:26.125	1:34.422	1	14:06:37.330			1:41.342	2:39.031	1:36.469
5	14:38:30.029	6:51.880	54.051	1:42.687	2:35.611	1:39.531	2	14:13:04.912	6:27.582	51.709	1:39.822	2:23.469	1:32.582
6	14:45:29.054	6:59.025	53.205	1:44.397	2:39.461	1:41.962	3	14:23:17.507	10:12.595	54.340	1:39.022	2:37.782	5:01.451
7	14:52:14.388	6:45.334	51.725	1:40.465	2:36.910	1:36.234	4	14:29:50.953	6:33.446	49.728	1:38.589	2:28.493	1:36.636
8	14:59:01.380	6:46.992	53.494	1:41.024	2:35.940	1:36.534	5	14:40:18.382	10:27.429	53.104	1:48.436	2:35.922	5:09.967
(1279) Chris van Hoorst							6	14:46:53.082	6:34.700	53.291	1:41.052	2:23.168	1:37.189
1	14:06:26.950			1:43.497	2:30.051	1:30.105	7	14:53:50.131	6:57.049	54.863	1:51.680	2:29.474	1:41.032
2	14:13:23.082	6:56.132	1:00.305	1:40.925	2:44.171	1:30.731	8	15:00:45.182	6:55.051	57.409	1:50.098	2:33.920	1:33.624
3	14:20:10.206	6:47.124	51.212	1:45.567	2:38.281	1:32.064							



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Heat 4

28.11.2015 14:00

Race (50:00 and 1 Laps) started at 14:00:22

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
(1165) Jan van Gerven							6	14:44:42.927	6:30.554	52.207	1:41.612	2:24.893	1:31.842
1	14:06:34.935			1:39.011	2:39.631	1:38.382	7	14:51:23.415	6:40.488	50.083	1:44.160	2:29.903	1:36.342
2	14:13:41.751	7:06.816	55.569	1:48.089	2:42.601	1:40.557	8	15:02:26.189	11:02.774	53.062	1:48.978	2:26.374	5:54.360
3	14:21:06.885	7:25.134	57.600	1:52.038	2:47.509	1:47.987	(1394) Davy Gabriëls						
4	14:28:27.592	7:20.707	59.669	1:53.240	2:42.894	1:44.904	1	14:07:08.407			1:51.509	2:41.126	1:39.051
5	14:35:43.066	7:15.474	59.003	1:52.847	2:40.884	1:42.740	2	14:14:19.702	7:11.295	54.559	1:47.596	2:49.640	1:39.500
6	14:46:17.216	10:34.150	57.593	1:54.149	2:40.709	5:01.699	3	14:21:49.722	7:30.020	56.954	1:55.883	2:52.446	1:44.737
7	14:53:38.213	7:20.997	1:00.026	1:49.863	2:47.907	1:43.201	4	14:29:14.783	7:25.061	57.719	1:57.249	2:49.883	1:40.210
8	15:01:05.576	7:27.363	1:00.874	1:52.008	2:47.644	1:46.837	5	14:41:02.228	11:47.445	55.371	1:50.540	2:55.016	6:06.518
(1497) Johnny van den Elzen							6	14:48:10.797	7:08.569	55.412	1:48.444	2:42.811	1:41.902
1	14:06:24.916			1:35.339	2:33.475	1:34.088	7	14:55:27.390	7:16.593	55.233	1:52.472	2:46.761	1:42.127
2	14:13:26.797	7:01.881	51.200	1:37.120	2:49.680	1:43.881	8	15:02:44.304	7:16.914	55.883	1:50.122	2:48.146	1:42.763
3	14:20:19.823	6:53.026	52.362	1:37.482	2:46.732	1:36.450	(1273) Rob Verberne						
4	14:27:27.296	7:07.473	55.388	1:43.900	2:46.726	1:41.459	1	14:06:35.668			1:47.069	2:27.203	1:33.034
5	14:39:21.153	11:53.857	55.937	1:43.953	2:46.366	6:27.601	2	14:13:10.766	6:35.098	51.032	1:44.011	2:27.051	1:33.004
6	14:46:26.852	7:05.699	53.610	1:45.762	2:45.145	1:41.182	3	14:24:11.774	11:01.008	53.833	1:45.879	2:32.855	5:48.441
7	14:53:48.633	7:21.781	1:00.084	1:52.742	2:45.844	1:43.111	4	14:31:04.880	6:53.106	56.102	1:46.354	2:31.203	1:39.447
8	15:01:09.192	7:20.559	56.758	1:51.314	2:51.938	1:40.549	5	14:37:50.900	6:46.020	54.893	1:44.528	2:29.816	1:36.783
(1267) Frank Karnebeek							6	14:44:58.140	7:07.240	55.225	1:53.022	2:36.924	1:42.069
1	14:06:20.380			1:33.467	2:34.559	1:31.506	7	14:55:56.219	10:58.079	56.094	1:51.587	2:34.258	5:36.140
2	14:13:03.190	6:42.810	52.343	1:34.679	2:38.807	1:36.981	8	15:02:50.753	6:54.534	55.392	1:45.196	2:29.750	1:44.196
3	14:19:56.766	6:53.576	52.960	1:35.839	2:47.863	1:36.914	(1295) Patrick Mulder						
4	14:32:28.785	12:32.019	55.033	1:41.563	2:48.429	7:06.994	1	14:07:43.457			1:43.106	3:17.831	1:45.346
5	14:39:28.548	6:59.763	56.175	1:37.353	2:46.163	1:40.072	2	14:14:57.999	7:14.542	1:00.049	1:41.649	2:49.097	1:43.747
6	14:46:50.591	7:22.043	55.720	1:42.430	3:01.431	1:42.462	3	14:22:07.077	7:09.078	57.118	1:40.742	2:48.582	1:42.636
7	14:54:15.388	7:24.797	59.799	1:47.171	2:50.981	1:46.846	4	14:34:54.999	12:47.922	55.355	1:37.588	2:50.127	7:24.852
8	15:01:40.785	7:25.397	1:01.058	1:46.922	2:52.366	1:45.051	5	14:41:39.763	6:44.764	53.750	1:39.181	2:34.587	1:37.246
(1331) Ronald Robbe							6	14:48:37.071	6:57.308	55.615	1:37.754	2:42.132	1:41.807
1	14:06:54.838			1:42.285	2:48.000	1:40.884	7	14:55:41.255	7:04.184	56.675	1:41.163	2:45.027	1:41.319
2	14:14:07.493	7:12.655	55.810	1:48.025	2:47.058	1:41.762	8	15:02:52.403	7:11.148	55.667	1:44.686	2:43.881	1:46.914
3	14:21:25.573	7:18.080	57.017	1:45.980	2:49.045	1:46.038	(1362) Nick Reijnen						
4	14:28:44.789	7:19.216	54.251	1:48.227	2:53.757	1:42.981	1	14:07:00.077			1:49.358	2:38.730	1:35.569
5	14:39:43.327	10:58.538	57.768	1:48.007	2:45.105	5:27.658	2	14:13:44.409	6:44.332	53.597	1:48.516	2:25.924	1:36.295
6	14:46:58.871	7:15.544	56.509	1:44.466	2:48.566	1:46.003	3	14:20:59.102	7:14.693	53.406	1:46.693	2:55.409	1:39.185
7	14:54:22.650	7:23.779	57.282	1:49.597	2:52.658	1:44.242	4	14:27:48.250	6:49.148	52.435	1:47.028	2:30.449	1:39.236
8	15:01:53.708	7:31.058	59.079	1:48.121	2:51.587	1:52.271	5	14:41:39.597	13:51.347	53.819	1:46.126	2:30.794	8:40.608
(1183) Kees Oudshoorn							6	14:48:30.799	6:51.202	53.148	1:47.636	2:34.998	1:35.420
1	14:07:00.424			1:40.584	2:58.006	1:43.066	7	14:56:23.058	7:52.259	55.617	2:39.994	2:34.501	1:42.147
2	14:13:58.116	6:57.692	55.981	1:40.891	2:39.278	1:41.542	8	15:03:13.807	6:50.749	54.153	1:50.025	2:30.561	1:36.010
3	14:21:03.230	7:05.114	55.305	1:40.982	2:46.722	1:42.105	(1401) Yves Cools						
4	14:28:17.095	7:13.865	55.272	1:45.945	2:48.468	1:44.180	1	14:07:03.796			1:50.291	2:41.140	1:36.022
5	14:35:34.408	7:17.313	54.279	1:48.380	2:47.799	1:46.855	2	14:14:09.204	7:05.408	52.869	1:49.421	2:43.834	1:39.284
6	14:46:54.635	11:20.227	54.382	1:45.559	2:54.337	5:45.949	3	14:21:29.202	7:19.998	1:21.227	1:45.704	2:35.573	1:37.494
7	14:54:28.659	7:34.024	57.718	1:51.917	2:57.146	1:47.243	4	14:28:25.101	6:55.899	52.072	1:48.247	2:39.295	1:36.285
8	15:01:57.219	7:28.560	59.599	1:48.090	2:50.310	1:50.561	5	14:41:48.719	13:23.618	56.189	1:47.988	2:43.515	7:55.926
(1314) Ronnie Ruijs							6	14:49:03.583	7:14.864	57.280	1:52.357	2:43.339	1:41.888
1	14:06:56.856			1:49.096	2:38.139	1:41.170	7	14:56:15.316	7:11.733	55.676	1:47.127	2:45.308	1:43.622
2	14:14:02.822	7:05.966	55.131	1:44.374	2:39.857	1:46.604	8	15:03:37.079	7:21.763	1:02.468	1:54.939	2:42.316	1:42.040
3	14:21:10.666	7:07.844	55.017	1:45.430	2:40.793	1:46.604	(1232) Nollie kluijtmans						
4	14:32:45.467	11:34.801	54.711	1:43.529	2:43.387	6:13.174	1	14:06:34.746			1:46.872	2:30.907	1:35.118
5	14:40:00.595	7:15.128	56.499	1:45.717	2:49.816	1:43.096	2	14:13:49.488	7:14.742	52.121	1:59.767	2:44.564	1:38.290
6	14:47:12.245	7:11.650	58.163	1:45.617	2:39.779	1:48.091	3	14:21:20.047	7:30.559	57.565	2:01.331	2:48.876	1:42.787
7	14:54:41.727	7:29.482	57.416	1:50.141	2:54.119	1:47.806	4	14:28:55.541	7:35.494	59.218	2:12.275	2:44.536	1:39.465
8	15:02:16.113	7:34.386	1:02.290	1:49.860	2:52.234	1:50.002	5	14:36:28.710	7:33.169	55.629	2:07.888	2:46.241	1:43.411
(1271) Cristian Mandigers							6	14:48:54.612	12:25.902	57.054	2:02.728	2:45.280	6:40.840
1	14:06:03.212			1:37.844	2:20.159	1:27.389	7	14:56:19.447	7:24.835	57.151	1:59.550	2:46.323	1:41.811
2	14:12:09.548	6:06.336	46.034	1:37.530	2:16.374	1:26.398	8	15:03:49.840	7:30.393	59.660	2:05.860	2:44.680	1:40.193
3	14:18:52.700	6:43.152	1:00.269	1:41.134	2:25.404	1:36.345	(1261) Edwin Groen						
4	14:31:45.739	12:53.039	50.041	1:42.553	2:24.430	7:56.015	1	14:06:45.818			1:37.187	2:49.466	1:39.296
5	14:38:12.373	6:26.634	51.601	1:40.091	2:22.247	1:32.695							

Official Timing mwraceconsulting.com

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RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Heat 4

28.11.2015 14:00

Race (50:00 and 1 Laps) started at 14:00:22

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
2	14:13:59.265	7:13.447	58.166	1:43.799	2:50.001	1:41.481	8	15:05:19.870	7:34.618	59.232	1:57.642	2:48.698	1:49.046
3	14:21:33.381	7:34.116	59.366	1:41.423	2:47.013	2:06.314	(1179) Sjoerd R Emmelink						
4	14:28:48.199	7:14.818	57.479	1:42.335	2:49.297	1:45.707	1	14:06:58.721		1:44.626	2:52.846	1:43.341	
5	14:40:51.066	12:02.867	58.241	1:46.450	2:57.702	6:20.474	2	14:14:33.995	7:35.274	56.282	1:48.814	2:59.987	1:50.191
6	14:48:15.405	7:24.339	58.427	1:44.651	2:51.302	1:49.959	3	14:22:13.345	7:39.350	56.789	1:51.369	2:59.767	1:51.425
7	14:55:53.861	7:38.456	1:00.594	1:49.941	2:57.989	1:49.932	4	14:33:56.280	11:42.935	1:01.805	1:52.264	3:08.102	5:40.764
8	15:03:52.884	7:59.023	1:04.645	1:52.539	3:09.235	1:52.604	5	14:41:46.011	7:49.731	55.671	1:55.082	3:03.439	1:55.539
(1319) Johnny Pinkaarts							6	14:49:36.782	7:50.771	1:01.101	1:52.201	3:03.868	1:53.601
1	14:07:26.652			1:54.546	3:05.929	1:37.930	7	14:57:23.942	7:47.160	1:01.368	1:56.723	2:56.974	1:52.095
2	14:14:35.932	7:09.280	56.599	1:48.022	2:42.371	1:42.288	8	15:05:28.351	8:04.409	1:18.925	1:54.613	2:55.589	1:55.282
3	14:21:41.854	7:05.922	56.856	1:50.064	2:38.207	1:40.795	(1364) John vd Elzen						
4	14:33:47.379	12:05.525	56.780	1:52.616	2:41.761	6:34.368	1	14:06:57.544			1:38.808	2:45.370	1:39.747
5	14:41:10.434	7:23.055	56.795	1:48.894	2:47.315	1:50.051	2	14:14:08.848	7:11.304	57.452	1:39.069	2:54.026	1:40.757
6	14:48:33.124	7:22.690	58.052	1:53.402	2:45.729	1:45.507	3	14:21:47.061	7:38.213	58.200	1:48.777	3:06.364	1:44.872
7	14:56:25.275	7:52.151	1:00.746	1:55.051	3:08.707	1:47.647	4	14:29:15.465	7:28.404	56.755	1:49.496	2:56.162	1:45.991
8	15:04:15.470	7:50.195	1:00.817	2:09.907	2:50.235	1:49.236	5	14:38:07.656	8:52.191	1:01.688	2:00.551	4:05.070	1:44.882
(1349) Fokke-Jan Voolstra							6	14:50:22.275	12:14.619	1:00.865	1:55.639	3:01.542	6:16.573
1	14:07:16.115			1:51.556	2:53.823	1:46.087	7	14:57:50.411	7:28.136	57.822	1:51.135	2:55.434	1:43.745
2	14:14:57.319	7:41.204	59.572	1:51.709	3:04.254	1:45.669	8	15:05:30.748	7:40.337	1:01.606	1:59.659	2:54.211	1:44.861
3	14:22:35.174	7:37.855	58.294	1:51.464	3:00.609	1:47.488	(1480) Joep Teunisen						
4	14:34:16.836	11:41.662	57.735	1:52.670	2:57.580	5:53.677	1	14:07:38.471			1:51.200	2:58.089	1:43.987
5	14:41:26.741	7:09.905	56.444	1:45.509	2:45.990	1:41.962	2	14:15:05.975	7:27.504	59.305	1:43.842	2:56.717	1:47.640
6	14:48:46.979	7:20.238	55.969	1:53.169	2:52.353	1:38.747	3	14:22:49.111	7:43.136	59.803	1:54.428	2:57.392	1:51.513
7	14:56:16.600	7:29.621	1:02.267	1:51.189	2:56.277	1:39.888	4	14:34:44.752	11:55.641	1:02.295	1:57.408	3:02.703	5:53.235
8	15:04:19.180	8:02.580	58.097	1:55.063	3:19.299	1:50.121	5	14:42:01.347	7:16.595	58.126	1:49.590	2:50.936	1:37.943
(1277) Luc Raaijmakers							6	14:49:48.659	7:47.312	1:02.534	2:06.313	2:53.442	1:45.023
1	14:08:13.787			1:41.115	4:13.097	1:39.473	7	14:57:56.193	8:07.534	1:04.092	2:18.296	2:55.676	1:49.470
2	14:18:49.883	10:36.096	56.014	1:48.070	2:43.406	5:08.606	8	15:05:31.125	7:34.932	1:02.875	1:56.386	2:50.603	1:45.068
3	14:25:46.585	6:56.702	53.575	1:45.396	2:35.329	1:42.402	(1374) Maurice Janssen						
4	14:32:49.671	7:03.086	55.006	1:49.297	2:38.745	1:40.038	1	14:08:09.131			1:50.091	3:11.413	2:09.888
5	14:39:51.355	7:01.684	55.411	1:46.747	2:36.564	1:42.962	2	14:16:12.121	8:02.990	1:04.385	2:00.754	3:04.385	1:53.466
6	14:50:21.085	10:29.730	55.316	1:48.579	2:40.366	5:05.469	3	14:24:11.252	7:59.131	1:02.928	1:56.066	3:10.653	1:49.484
7	14:57:18.050	6:56.965	57.797	1:46.664	2:31.366	1:41.138	4	14:31:46.673	7:35.421	1:00.220	1:55.285	2:54.299	1:45.617
8	15:04:24.599	7:06.549	56.837	1:46.790	2:40.327	1:42.595	5	14:42:50.801	11:04.128	1:00.274	1:55.517	2:53.057	5:15.280
(1156) Bernie Kuenen							6	14:50:19.541	7:28.740	57.749	1:53.245	2:50.124	1:47.622
1	14:07:14.050			1:51.657	2:51.862	1:46.842	7	14:58:02.715	7:43.174	1:04.467	1:55.265	2:53.791	1:49.651
2	14:14:50.314	7:36.264	59.013	1:53.964	2:59.451	1:43.836	8	15:05:39.819	7:37.104	1:01.486	1:58.906	2:48.840	1:47.872
3	14:22:24.008	7:33.694	58.710	1:48.400	2:55.241	1:51.343	(1196) Geerling Petersen						
4	14:29:43.559	7:19.551	56.031	1:51.185	2:50.713	1:41.622	1	14:06:44.081			1:41.379	2:39.296	1:43.029
5	14:42:32.839	12:49.280	56.869	1:49.839	2:48.323	7:14.249	2	14:14:05.656	7:21.575	54.605	1:54.016	2:47.057	1:45.897
6	14:49:58.770	7:25.931	59.662	1:48.813	2:51.370	1:46.086	3	14:21:30.457	7:24.801	56.488	1:54.011	2:51.848	1:42.454
7	14:57:20.080	7:21.310	58.838	1:47.106	2:50.145	1:45.221	4	14:29:25.402	7:54.945	56.766	1:58.295	2:50.303	2:09.581
8	15:04:55.041	7:34.961	59.671	1:52.316	2:59.277	1:43.697	5	14:41:58.901	12:33.499	58.736	1:54.880	2:48.268	6:51.615
(1209) Wesley Boere							6	14:49:21.957	7:23.056	1:00.926	1:52.901	2:44.404	1:44.825
1	14:07:32.032			1:48.654	2:32.099	2:29.443	7	14:56:44.881	7:22.924	58.147	1:53.666	2:47.397	1:43.714
2	14:14:16.294	6:44.262	51.895	1:50.992	2:28.165	1:33.210	8	15:05:55.211	9:10.330	59.797	1:55.632	3:03.678	3:11.223
3	14:26:29.264	12:12.970	51.973	1:47.889	3:03.183	6:29.925	(1378) Martijn Platenburg						
4	14:33:26.055	6:56.791	53.087	1:52.178	2:32.170	1:39.356	1	14:06:53.208			1:40.905	2:41.749	1:47.966
5	14:40:21.829	6:55.774	53.086	1:48.383	2:35.832	1:38.473	2	14:14:32.193	7:38.985	58.138	1:53.702	2:56.124	1:51.021
6	14:47:17.987	6:56.158	52.196	1:50.875	2:31.894	1:41.193	3	14:22:00.777	7:28.584	59.383	1:48.702	2:55.254	1:45.245
7	14:58:21.891	11:03.904	55.580	1:49.318	2:47.789	5:31.217	4	14:29:32.837	7:32.060	58.515	1:47.986	2:51.812	1:53.747
8	15:05:17.976	6:56.085	58.210	1:51.894	2:28.997	1:36.984	5	14:37:16.170	7:43.333	59.376	1:52.213	2:56.525	1:55.219
(1233) Gerard steenberg							6	14:50:50.251	13:34.081	1:15.639	1:53.723	2:57.180	7:27.539
1	14:07:21.736			1:45.398	3:12.571	1:44.409	7	14:58:31.806	7:41.555	1:01.251	1:51.344	2:51.733	1:57.227
2	14:14:55.425	7:33.689	56.833	1:47.608	2:57.445	1:51.803	8	15:06:24.505	7:52.699	1:04.452	1:55.570	2:55.834	1:56.843
3	14:22:48.925	7:53.500	1:01.075	1:58.756	3:01.436	1:52.233	(1481) Eddy Brakke						
4	14:35:29.609	12:40.684	58.190	1:59.798	2:52.307	6:50.389	1	14:06:58.884			1:43.117	2:45.711	1:42.613
5	14:42:43.495	7:13.886	57.959	1:45.178	2:42.796	1:47.953	2	14:14:29.486	7:30.602	1:11.477	1:44.828	2:50.854	1:43.443
6	14:50:10.673	7:27.178	58.788	1:50.409	2:47.301	1:50.680	3	14:27:23.168	12:53.682	56.999	1:50.558	2:43.857	7:22.268
7	14:57:45.252	7:34.579	1:00.348	1:55.853	2:49.304	1:49.074							



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Heat 4

28.11.2015 14:00

Race (50:00 and 1 Laps) started at 14:00:22

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
4	14:34:42.875	7:19.707	57.532	1:52.467	2:46.389	1:43.319	6	14:51:40.685	8:05.712	1:05.107	2:02.047	3:05.261	1:53.297
5	14:42:33.025	7:50.150	58.197	1:53.254	3:09.752	1:48.947	7	14:59:40.125	7:59.440	1:02.381	1:59.721	3:04.075	1:53.263
6	14:49:58.612	7:25.587	58.607	1:58.618	2:43.536	1:44.826	(1354) Marinus Braber						
7	14:58:09.614	8:11.002	1:31.265	1:54.667	2:58.085	1:46.985	1	14:07:39.299			1:57.808	2:58.413	1:44.683
8	15:07:00.776	8:51.162	1:02.157	3:12.762	2:50.275	1:45.968	2	14:15:25.421	7:46.122	1:02.167	2:02.996	2:54.929	1:46.030
(1270) Henk Jan Benders							3	14:23:32.710	8:07.289	1:06.598	2:00.551	3:09.419	1:50.721
1	14:06:40.450			1:35.145	2:41.902	1:40.570	4	14:35:46.048	12:13.338	1:00.674	1:58.629	3:00.880	6:13.155
2	14:13:38.411	6:57.961	53.656	1:40.915	2:41.047	1:42.343	5	14:43:47.777	8:01.729	1:18.059	2:01.812	2:54.801	1:47.057
3	14:21:10.562	7:32.151	57.923	1:46.018	2:57.464	1:50.746	6	14:51:40.210	7:52.433	59.971	2:11.261	2:54.003	1:47.198
4	14:34:21.120	13:10.558	1:01.151	1:48.993	3:08.772	7:11.642	7	14:59:41.587	8:01.377	1:01.655	2:06.925	3:02.709	1:50.088
5	14:42:20.542	7:59.422	58.310	1:54.403	3:15.506	1:51.203	(1367) Ruud van Moorsel						
6	14:50:35.111	8:14.569	1:03.218	1:55.810	3:22.440	1:53.101	1	14:07:36.499			1:46.353	3:05.058	1:44.192
7	14:58:51.455	8:16.344	1:09.090	2:06.962	3:05.796	1:54.496	2	14:15:00.527	7:24.028	59.843	1:41.844	3:00.554	1:41.787
(1255) Karsjan van Kempen							3	14:22:42.655	7:42.128	58.664	1:56.893	2:58.983	1:47.588
1	14:07:09.880			1:43.751	2:55.531	1:48.246	4	14:30:21.942	7:39.287	1:03.077	1:52.797	2:56.772	1:46.641
2	14:14:45.173	7:35.293	59.261	1:43.682	3:01.244	1:51.106	5	14:44:06.244	13:44.302	1:04.022	1:52.617	3:04.910	7:42.753
3	14:22:24.432	7:39.259	59.894	1:48.797	2:59.997	1:50.571	6	14:51:35.813	7:29.569	1:02.389	1:44.482	2:57.098	1:45.600
4	14:30:09.983	7:45.551	1:00.829	1:51.070	2:56.998	1:56.654	7	14:59:43.118	8:07.305	1:02.295	1:55.836	3:17.687	1:51.487
5	14:42:44.426	12:34.443	1:06.065	1:54.077	3:01.349	6:32.952	(1363) Paul Lemson						
6	14:50:31.567	7:47.141	1:04.643	1:46.012	3:01.093	1:55.393	1	14:07:26.159			2:02.025	2:51.931	1:43.178
7	14:59:01.257	8:29.690	1:20.616	1:54.579	3:19.975	1:54.520	2	14:15:14.306	7:48.147	56.361	2:02.021	3:01.074	1:48.691
(1307) Remi Lok							3	14:23:03.896	7:49.590	59.675	2:04.779	2:49.547	1:55.589
1	14:07:24.554			1:53.380	3:01.736	1:47.615	4	14:35:07.872	12:03.976	1:02.290	2:07.470	2:54.287	5:59.929
2	14:15:00.705	7:36.151	1:00.663	1:56.387	2:52.194	1:46.907	5	14:43:27.118	8:19.246	1:18.246	2:07.983	2:54.265	1:58.752
3	14:22:52.632	7:51.927	1:03.880	2:00.988	2:54.659	1:52.400	6	14:51:50.101	8:22.983	1:05.982	2:14.546	3:04.827	1:57.628
4	14:30:51.682	7:59.050	1:02.779	2:05.487	2:58.476	1:52.308	7	15:00:16.094	8:25.993	1:07.844	2:15.623	3:01.152	2:01.374
5	14:42:16.532	11:24.850	1:06.417	2:06.689	3:04.066	5:07.678	(1148) Tjerk Edzes						
6	14:50:24.691	8:08.159	1:05.235	2:02.827	3:05.332	1:54.765	1	14:07:49.432			2:06.032	3:10.130	1:53.026
7	14:59:17.503	8:52.812	1:08.028	2:08.205	3:23.733	2:12.846	2	14:15:54.616	8:05.184	1:03.252	1:52.117	3:10.546	1:59.269
(1189) Robert van der Steen							3	14:24:01.072	8:06.456	1:05.117	2:07.637	2:59.654	1:54.048
1	14:06:52.645			1:46.756	2:47.281	1:39.363	4	14:32:03.988	8:02.916	1:03.945	2:04.565	2:58.818	1:55.588
2	14:14:37.925	7:45.280	58.911	1:56.646	3:00.841	1:48.882	5	14:44:42.721	12:38.733	1:02.160	2:04.116	3:01.713	6:30.744
3	14:22:37.146	7:59.221	58.573	1:55.016	3:11.924	1:53.708	6	14:52:34.397	7:51.676	1:04.063	2:01.448	2:52.598	1:53.567
4	14:35:02.218	12:25.072	59.458	2:02.059	3:35.272	5:48.283	7	15:00:29.230	7:54.833	1:03.170	1:57.977	3:01.475	1:52.211
5	14:42:59.984	7:57.766	1:01.709	1:57.029	3:08.076	1:50.952	(1350) Martin Ramkema						
6	14:51:14.349	8:14.365	1:00.435	1:58.037	3:23.356	1:52.537	1	14:07:53.599			1:56.930	3:01.017	1:53.784
7	14:59:23.829	8:09.480	1:00.038	2:06.185	3:07.763	1:55.494	2	14:15:34.455	7:40.856	1:00.910	1:50.043	2:57.979	1:51.924
(1254) Ard Poland							3	14:29:04.830	13:30.375	1:00.626	1:51.703	3:15.440	7:22.606
1	14:07:25.465			1:55.615	3:00.440	1:44.174	4	14:36:51.370	7:46.540	1:03.295	1:55.249	2:52.716	1:55.280
2	14:15:11.602	7:46.137	58.521	1:56.915	2:58.312	1:52.389	5	14:44:49.275	7:57.905	1:01.200	1:56.640	3:05.614	1:54.451
3	14:22:56.198	7:44.596	1:07.828	1:54.621	2:55.772	1:46.375	6	14:52:41.509	7:52.234	1:00.934	1:59.962	2:55.016	1:56.322
4	14:35:47.129	12:50.931	1:02.754	1:56.330	3:02.400	6:49.447	7	15:00:41.126	7:59.617	1:03.743	2:00.147	3:00.851	1:54.876
5	14:43:28.805	7:41.676	1:03.662	1:54.071	2:53.284	1:50.659	(1248) James de Bois						
6	14:51:16.962	7:48.157	1:01.938	1:52.738	2:58.164	1:55.317	1	14:08:08.553			2:12.769	3:05.688	1:52.970
7	14:59:29.364	8:12.402	1:06.835	1:58.876	3:07.711	1:58.980	2	14:15:55.013	7:46.460	1:06.735	2:06.863	2:47.514	1:45.348
(1199) Frido Reitzema							3	14:23:05.087	7:10.074	57.926	2:01.566	2:30.698	1:39.884
1	14:07:19.360			1:55.948	2:56.508	1:45.852	4	14:30:16.363	7:11.276	53.105	2:00.012	2:40.142	1:38.017
2	14:15:17.331	7:57.971	1:03.371	1:47.310	3:15.559	1:51.731	5	14:45:47.528	15:31.165	1:31.103	1:54.035	2:33.343	9:32.684
3	14:23:13.070	7:55.739	1:00.794	1:52.461	3:06.578	1:55.906	6	14:52:46.185	6:58.657	54.036	1:53.102	2:30.679	1:40.840
4	14:31:06.761	7:53.691	1:02.659	1:55.279	3:01.588	1:54.165	7	15:00:47.244	8:01.059	1:34.238	1:58.195	2:43.593	1:45.033
5	14:42:25.406	11:18.645	1:01.871	1:51.969	3:05.710	5:19.095	(1198) Henk Haverkate						
6	14:50:59.269	8:33.863	1:02.997	2:26.020	3:09.757	1:55.089	1	14:06:49.580			1:35.720	2:51.925	1:39.784
7	14:59:34.044	8:34.775	1:07.269	2:11.528	3:12.639	2:03.339	2	14:14:21.586	7:32.006	58.734	1:51.029	2:58.594	1:43.649
(1166) René Mentges							3	14:22:11.689	7:50.103	58.786	1:55.525	3:07.917	1:47.875
1	14:07:36.773			1:46.721	3:17.869	1:52.916	4	14:31:16.119	9:04.430	1:04.328	2:53.812	3:18.504	1:47.786
2	14:15:30.201	7:53.428	1:03.961	1:53.392	3:06.030	1:50.045	5	14:45:13.628	13:57.509	1:02.063	2:01.547	3:14.942	7:38.957
3	14:23:13.892	7:43.691	57.901	1:53.577	3:05.021	1:47.192	6	14:53:01.163	7:47.535	1:01.001	1:57.270	3:01.803	1:47.461
4	14:30:54.933	7:41.041	1:01.454	1:57.151	2:58.452	1:43.984	7	15:01:11.436	8:10.273	1:18.244	1:59.188	3:01.455	1:51.386
5	14:43:34.973	12:40.040	1:02.633	1:48.831	2:53.984	6:54.592							



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Heat 4

28.11.2015 14:00

Race (50:00 and 1 Laps) started at 14:00:22

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
(1205) Marijn Bennaars							3	14:25:07.921	7:36.765	58.151	2:05.488	2:54.092	1:39.034
1	14:07:02.259			1:48.943	2:50.624	1:42.054	4	14:37:11.638	12:03.717	1:58.850	1:49.497	3:28.088	4:47.282
2	14:14:50.831	7:48.572	57.964	1:51.237	3:06.465	1:52.906	5	14:45:06.766	7:55.128	1:01.575	1:47.154	3:19.243	1:47.156
3	14:28:09.051	13:18.220	59.388	2:07.060	3:12.583	6:59.189	6	14:54:35.447	9:28.681	56.717	2:45.087	3:21.387	2:25.490
4	14:35:53.826	7:44.775	1:01.896	1:58.893	2:52.614	1:51.372	7	15:03:02.783	8:27.336	1:05.257	2:00.558	3:30.321	1:51.200
5	14:44:52.844	8:59.018	1:02.302	2:35.851	3:24.373	1:56.492	(1188) Kenny van Teijen						
6	14:53:08.081	8:15.237	1:09.328	2:08.023	2:59.073	1:58.813	1	14:07:43.779			2:06.728	3:03.326	1:45.855
7	15:01:19.208	8:11.127	1:04.627	2:10.198	3:01.134	1:55.168	2	14:15:28.073	7:44.294	58.683	1:53.828	3:02.376	1:49.407
(1218) Kevin van der Wielen							3	14:23:40.941	8:12.868	1:05.134	2:01.737	3:08.262	1:57.735
1	14:07:51.656			1:57.716	3:14.725	1:53.167	4	14:32:03.184	8:22.243	1:05.191	2:06.512	3:10.204	2:00.336
2	14:15:49.628	7:57.972	1:01.215	1:54.675	3:05.574	1:56.508	5	14:46:15.062	14:11.878	1:03.204	2:08.147	3:05.720	7:54.807
3	14:23:54.537	8:04.909	1:00.398	1:51.667	3:11.691	2:01.153	6	14:54:24.318	8:09.256	1:01.233	2:00.734	3:06.736	2:00.553
4	14:31:53.255	7:58.718	1:02.474	1:56.992	3:03.323	1:55.929	7	15:03:09.948	8:45.630	1:05.627	2:28.881	3:09.682	2:01.440
5	14:44:58.683	13:05.428	1:01.058	1:55.773	3:08.562	7:00.035	(1372) Artur Orchowski						
6	14:53:03.971	8:05.288	1:08.122	1:53.284	3:05.697	1:58.185	1	14:08:54.847			2:11.584	3:24.605	2:25.846
7	15:01:26.351	8:22.380	1:05.979	2:00.458	3:17.140	1:58.803	2	14:16:59.960	8:05.113	59.622	2:10.952	3:00.616	1:53.923
(1167) Michel Broekhuis							3	14:25:50.445	8:50.485	1:02.274	2:02.937	3:50.392	1:54.882
1	14:07:45.278			1:56.910	3:15.448	1:51.886	4	14:39:25.456	13:35.011	1:01.563	2:13.987	2:59.256	7:20.205
2	14:15:53.384	8:08.106	1:01.049	2:02.669	3:08.517	1:55.871	5	14:47:23.799	7:58.343	1:00.265	2:06.661	2:56.051	1:55.366
3	14:24:01.714	8:08.330	1:04.450	1:59.369	3:05.493	1:59.018	6	14:55:22.950	7:59.151	59.992	2:08.932	2:54.918	1:55.309
4	14:36:57.220	12:55.506	1:02.160	2:01.499	3:06.488	6:45.359	7	15:03:15.437	7:52.487	58.708	2:00.973	2:56.793	1:56.013
5	14:44:55.795	7:58.575	1:00.266	1:59.268	3:02.112	1:56.929	(1301) Wim van Schoonhorst						
6	14:53:04.224	8:08.429	1:01.631	2:06.688	2:59.863	2:00.247	1	14:07:56.574			1:58.719	3:17.277	1:51.344
7	15:01:28.853	8:24.629	1:04.410	2:08.393	3:08.588	2:03.238	2	14:16:28.475	8:31.901	1:03.469	2:09.404	3:19.000	2:00.028
(1479) Jordi Smit							3	14:29:11.755	12:43.280	1:05.190	2:14.100	3:33.833	5:50.157
1	14:07:43.292			1:50.205	3:05.789	1:53.861	4	14:37:32.401	8:20.646	1:03.833	2:10.229	3:08.377	1:58.207
2	14:15:56.059	8:12.767	1:05.308	1:56.459	3:16.561	1:54.439	5	14:45:59.632	8:27.231	1:04.006	2:16.834	3:03.395	2:02.996
3	14:24:18.888	8:22.829	1:06.419	1:56.857	3:16.227	2:03.326	6	14:54:40.014	8:40.382	1:10.871	2:12.580	3:15.231	2:01.700
4	14:35:45.617	11:26.729	1:05.727	1:57.511	3:13.230	5:10.261	7	15:03:17.738	8:37.724	1:06.189	2:09.741	3:20.082	2:01.712
5	14:43:55.554	8:09.937	1:04.914	1:59.094	3:08.840	1:57.089	(1332) Erik Lamberink						
6	14:52:28.843	8:33.289	1:07.763	2:11.422	3:14.194	1:59.910	1	14:08:34.280			2:03.868	3:37.707	1:59.446
7	15:01:40.641	9:11.798	1:10.372	2:15.536	3:40.163	2:05.727	2	14:16:36.990	8:02.710	1:03.261	1:56.643	3:06.372	1:56.434
(1143) Sander Nooijen							3	14:24:33.592	7:56.602	1:02.393	1:54.699	3:08.356	1:51.154
1	14:08:07.899			2:14.070	3:16.056	1:56.050	4	14:38:05.965	13:32.373	1:02.793	1:51.308	3:07.297	7:30.975
2	14:16:31.237	8:23.338	1:06.450	2:07.542	3:10.976	1:58.370	5	14:46:05.332	7:59.367	1:01.388	1:52.685	3:07.102	1:58.192
3	14:24:41.704	8:10.467	1:06.225	2:06.204	3:02.272	1:55.766	6	14:54:30.094	8:24.762	1:07.884	2:00.345	3:12.039	2:04.494
4	14:37:34.772	12:53.068	1:03.206	2:03.683	3:04.160	6:42.019	7	15:03:30.599	9:00.505	1:09.862	2:06.889	3:33.257	2:10.497
5	14:45:37.194	8:02.422	1:01.949	2:05.430	2:55.699	1:59.344	(1221) Ramon Dijkman						
6	14:53:42.316	8:05.122	1:04.936	2:07.700	2:58.873	1:53.613	1	14:06:59.610			1:46.266	2:46.742	1:41.987
7	15:01:45.553	8:03.237	1:01.445	2:05.641	3:03.834	1:52.317	2	14:16:39.713	9:40.103	57.066	1:47.709	2:54.322	4:01.006
(1317) Erwin Teggeler							3	14:24:43.624	8:03.911	1:00.112	1:50.752	3:22.131	1:50.916
1	14:08:00.514			1:42.247	3:32.374	2:00.771	4	14:38:32.603	13:48.979	1:02.750	1:58.876	3:18.867	7:28.486
2	14:16:30.587	8:30.073	1:12.529	1:59.846	3:19.133	1:58.565	5	14:46:59.911	8:27.308	1:18.393	1:59.781	3:13.650	1:55.484
3	14:24:51.766	8:21.179	1:05.337	1:52.915	3:21.266	2:01.661	6	14:55:24.278	8:24.367	1:05.153	2:06.260	3:15.206	1:57.748
4	14:38:09.664	13:17.898	1:05.716	1:52.632	3:25.815	6:53.735	7	15:03:35.143	8:10.865	1:04.081	2:02.704	3:09.408	1:54.672
5	14:46:21.032	8:11.368	1:07.980	1:51.501	3:15.434	1:56.453	(61) Frank Weckert						
6	14:54:13.813	7:52.781	1:07.711	1:54.751	3:06.217	1:44.102	1	14:08:15.432			1:55.492	3:47.410	1:51.416
7	15:02:21.930	8:08.117	1:03.439	1:45.754	3:25.782	1:53.142	2	14:16:25.169	8:09.737	1:02.710	1:55.869	3:10.355	2:00.803
(1371) Pieter Brussaard							3	14:25:04.839	8:39.670	1:02.081	2:00.284	3:41.199	1:56.106
1	14:07:46.827			2:06.171	2:59.690	1:46.660	4	14:37:36.576	12:31.737	1:08.426	2:01.737	3:16.241	6:05.333
2	14:14:54.849	7:08.022	58.435	1:44.100	2:42.392	1:43.095	5	14:46:09.870	8:33.294	1:04.548	2:01.684	3:28.016	1:59.046
3	14:22:31.194	7:36.345	57.404	1:53.139	2:54.815	1:50.987	6	14:55:08.596	8:58.726	1:08.760	2:08.954	3:39.182	2:01.830
4	14:39:42.686	17:11.492	59.894	1:52.997	2:56.734	11:21.867	7	15:03:47.484	8:38.888	1:07.009	2:07.034	3:25.471	1:59.374
5	14:47:16.121	7:33.435	1:02.249	1:50.008	2:47.854	1:53.324	(1344) Joost Dekkers						
6	14:54:55.971	7:39.850	1:03.593	1:56.319	2:55.117	1:44.821	1	14:07:39.715			1:53.241	2:57.180	1:53.429
7	15:02:36.035	7:40.064	1:00.040	1:53.521	2:58.737	1:47.766	2	14:15:43.637	8:03.922	1:14.083	1:56.466	2:56.228	1:57.145
(1322) Jos van de Velde							3	14:23:48.917	8:05.280	1:05.851	1:54.527	3:06.448	1:58.454
1	14:09:32.597			1:51.746	3:46.602	3:04.345	4	14:32:23.781	8:34.864	1:05.379	2:25.652	3:06.744	1:57.089
2	14:17:31.156	7:58.559	58.991	1:45.769	3:27.963	1:45.836	5	14:46:52.176	14:28.395	1:04.924	2:05.380	3:03.710	8:14.381



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Heat 4

28.11.2015 14:00

Race (50:00 and 1 Laps) started at 14:00:22

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
6	14:55:28.288	8:36.112	1:08.961	2:01.346	3:26.210	1:59.595	(1352) Eric Paddenburg						
7	15:03:47.992	8:19.704	1:04.698	2:03.590	3:12.744	1:58.672	1	14:08:49.624			2:02.484	3:47.092	1:59.223
(1383) Joris Van Dyck							2	14:17:13.520	8:23.896	1:03.658	2:08.159	3:10.438	2:01.641
1	14:08:14.427			1:52.771	3:37.513	1:59.119	3	14:25:42.245	8:28.725	1:06.336	2:05.822	3:11.628	2:04.939
2	14:16:57.430	8:43.003	1:05.531	1:57.689	3:28.288	2:11.495	4	14:34:11.804	8:29.559	1:06.217	2:12.595	3:11.818	1:58.929
3	14:25:46.277	8:48.847	1:08.470	2:14.324	3:24.955	2:01.098	5	14:47:32.278	13:20.474	1:03.792	2:08.855	3:06.996	7:00.831
4	14:34:58.568	9:12.291	1:08.104	2:14.004	3:18.649	2:31.534	6	14:56:09.495	8:37.217	1:09.239	2:05.557	3:16.183	2:06.238
5	14:43:46.736	8:48.168	1:11.626	2:14.563	3:20.056	2:01.923	7	15:04:52.301	8:42.806	1:11.553	2:09.008	3:15.452	2:06.793
6	14:55:04.113	11:17.377	1:08.167	2:15.751	3:18.074	4:35.385	(1201) Frank ten Cate						
7	15:04:02.946	8:58.833	1:09.257	2:03.989	3:42.085	2:03.502	1	14:08:35.375			1:49.342	3:08.637	2:04.691
(1330) Matthias Bruin							2	14:17:02.288	8:26.913	1:01.209	1:51.032	3:45.175	1:49.497
1	14:07:35.239			2:02.460	2:55.838	1:47.733	3	14:26:10.128	9:07.840	1:09.254	1:47.854	4:20.242	1:50.490
2	14:15:42.588	8:07.349	58.846	1:49.697	3:34.475	1:44.331	4	14:38:15.085	12:04.957	59.916	1:50.170	3:13.232	6:01.639
3	14:24:58.651	9:16.063	1:26.863	1:55.259	3:58.512	1:55.429	5	14:46:07.284	7:52.199	1:01.625	1:57.079	2:58.802	1:54.693
4	14:38:11.341	13:12.690	1:06.550	1:52.413	3:14.696	6:59.031	6	14:56:58.638	10:51.354	1:01.634	3:15.739	4:33.375	2:00.606
5	14:46:30.506	8:19.165	1:02.666	1:57.785	3:13.596	2:05.118	7	15:05:01.126	8:02.488	1:04.173	2:02.856	2:59.442	1:56.017
6	14:55:28.697	8:58.191	1:08.926	2:03.009	3:18.575	2:27.681	(1158) Marcin Rokowski						
7	15:04:05.705	8:37.008	1:10.007	2:07.418	3:14.078	2:05.505	1	14:08:04.782			1:54.873	3:32.009	1:54.387
(1231) Kees Luteijn							2	14:16:19.295	8:14.513	1:02.850	2:02.965	3:14.719	1:53.979
1	14:08:36.947			2:13.550	3:35.324	2:00.856	3	14:24:39.023	8:19.728	1:02.760	2:00.088	3:22.040	1:54.840
2	14:17:14.012	8:37.065	1:05.142	1:56.469	3:36.703	1:58.751	4	14:32:56.545	8:17.522	1:03.546	2:00.833	3:15.190	1:57.953
3	14:30:20.495	13:06.483	1:08.345	2:06.196	3:33.246	6:18.696	5	14:46:09.765	13:13.220	1:01.918	2:07.612	3:20.172	6:43.518
4	14:38:17.404	7:56.909	56.591	1:51.748	3:15.638	1:52.932	6	14:55:38.133	9:28.368	1:31.215	2:11.088	3:24.650	2:21.415
5	14:47:28.080	9:10.676	1:23.282	2:15.136	3:39.511	1:52.747	7	15:05:04.645	9:26.512	1:11.041	2:15.224	3:49.187	2:11.060
6	14:55:40.486	8:12.406	1:12.563	2:01.499	3:03.907	1:54.437	(1246) Kevin van Praet						
7	15:04:06.098	8:25.612	1:10.052	2:04.820	3:17.368	1:53.372	1	14:07:43.158			1:56.503	3:08.124	1:56.466
(1256) Hendri Immink							2	14:16:09.544	8:26.386	1:04.362	2:07.995	3:18.925	1:55.104
1	14:07:33.537			1:45.625	3:21.531	1:43.831	3	14:24:34.826	8:25.282	1:05.271	2:14.077	3:09.205	1:56.729
2	14:20:28.624	12:55.087	1:04.662	1:58.982	3:05.332	6:46.111	4	14:34:20.342	9:45.516	1:05.594	3:37.366	3:04.741	1:57.815
3	14:28:54.270	8:25.646	1:02.830	1:58.930	3:18.843	2:05.043	5	14:48:06.498	13:46.156	1:05.329	2:14.833	3:02.601	7:23.393
4	14:37:54.008	8:59.738	1:09.316	2:11.194	3:07.540	2:31.688	6	14:56:43.964	8:37.466	1:07.223	2:10.436	3:20.957	1:58.850
5	14:46:49.860	8:55.852	1:05.655	2:11.810	3:44.708	1:53.679	7	15:05:12.442	8:28.478	1:08.293	2:18.628	3:00.381	2:01.176
6	14:55:17.061	8:27.201	1:07.431	2:11.412	3:10.679	1:57.679	(1294) Rene Zandstra						
7	15:04:08.220	8:51.159	1:04.313	2:02.456	3:47.873	1:56.517	1	14:07:44.896			1:37.133	3:20.148	1:50.014
(1491) Rick Heusschen							2	14:16:03.186	8:18.290	1:05.035	1:57.785	3:16.713	1:58.757
1	14:08:38.567			2:19.301	3:18.434	2:01.812	3	14:24:58.436	8:55.250	1:03.984	2:00.008	3:49.062	2:02.196
2	14:17:05.027	8:26.460	1:03.798	2:16.196	3:07.175	1:59.291	4	14:33:35.603	8:37.167	1:06.296	2:09.146	3:16.183	2:05.542
3	14:25:39.384	8:34.357	1:05.700	2:13.719	3:13.769	2:01.169	5	14:47:16.674	13:41.071	1:05.242	2:08.004	3:17.716	7:10.109
4	14:34:25.086	8:45.702	1:02.734	2:16.714	3:22.341	2:03.913	6	14:56:02.942	8:46.268	1:09.443	2:08.069	3:17.201	2:11.555
5	14:47:14.203	12:49.117	1:04.731	2:19.050	3:16.580	6:08.756	7	15:05:16.394	9:13.452	1:11.156	2:22.807	3:31.256	2:08.233
6	14:55:39.456	8:25.253	1:02.025	2:14.074	3:07.465	2:01.689	(1252) Stefan Pot						
7	15:04:22.558	8:43.102	1:08.680	2:14.968	3:14.798	2:04.656	1	14:07:22.319			1:48.156	3:01.072	1:47.055
(1259) Bram Bulten							2	14:15:21.849	7:59.530	58.820	1:48.490	3:20.240	1:51.980
1	14:08:09.307			2:00.707	3:30.539	1:54.474	3	14:26:08.087	10:46.238	1:06.691	1:57.074	5:36.827	2:05.646
2	14:16:57.661	8:48.354	1:02.760	2:04.282	3:42.355	1:58.957	4	14:38:15.890	12:07.803	1:04.619	2:00.745	3:36.756	5:25.683
3	14:29:45.471	12:47.810	1:01.167	2:03.149	3:25.802	6:17.692	5	14:46:59.386	8:43.496	1:07.448	2:02.283	3:27.960	2:05.805
4	14:38:08.940	8:23.469	1:03.255	2:14.794	3:05.943	1:59.477	6	14:56:07.786	9:08.400	1:09.645	2:07.211	3:28.482	2:23.062
5	14:46:42.774	8:33.834	1:06.430	2:09.995	3:15.682	2:01.727	7	15:05:20.235	9:12.449	1:13.477	2:13.018	3:44.444	2:01.510
6	14:55:32.762	8:49.988	1:14.379	2:12.690	3:20.554	2:02.365	(1149) Rick Dongelmans						
7	15:04:22.941	8:50.179	1:05.586	2:13.967	3:28.050	2:02.576	1	14:07:54.279			2:14.325	3:03.665	1:51.019
(1142) Theo Boer							2	14:16:03.829	8:09.550	59.844	2:05.263	3:11.397	1:53.046
1	14:08:00.585			2:18.814	3:08.135	1:54.350	3	14:24:23.541	8:19.712	1:07.195	2:11.688	3:07.650	1:53.179
2	14:16:36.030	8:35.445	1:15.740	2:01.210	3:27.875	1:50.620	4	14:39:02.588	14:39.047	1:04.468	2:16.279	3:10.347	8:07.953
3	14:24:57.911	8:21.881	1:11.565	1:57.116	3:12.371	2:00.829	5	14:47:44.664	8:42.076	1:02.593	2:15.130	3:20.007	2:04.346
4	14:38:46.619	13:48.708	1:09.893	2:24.118	3:18.633	6:56.064	6	14:56:38.632	8:53.968	1:08.883	2:26.222	3:14.664	2:04.199
5	14:47:11.577	8:24.958	1:28.637	1:54.141	3:05.854	1:56.326	7	15:05:51.387	9:12.755	1:12.504	2:29.990	3:23.132	2:07.129
6	14:55:54.352	8:42.775	1:13.399	1:57.582	3:34.019	1:57.775	(1260) Jos Vermue						
7	15:04:40.311	8:45.959	1:18.284	2:05.736	3:15.528	2:06.411	1	14:08:06.190			1:52.814	3:31.831	1:55.325
							2	14:16:35.138	8:28.948	1:04.228	1:59.053	3:24.762	2:00.905



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Heat 4

28.11.2015 14:00

Race (50:00 and 1 Laps) started at 14:00:22

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
3	14:25:49.015	9:13.877	1:08.498	2:06.061	3:56.164	2:03.154							
4	14:34:18.903	8:29.888	1:09.784	2:04.656	3:14.631	2:00.817							
5	14:48:08.830	13:49.927	1:10.136	2:06.530	3:22.203	7:11.058							
6	14:56:55.099	8:46.269	1:07.332	2:10.646	3:24.759	2:03.532							
7	15:06:01.589	9:06.490	1:20.256	2:15.701	3:26.917	2:03.616							
(1389) Miguel Matos							(1144) Ron Beek						
1	14:09:19.379			2:09.625	3:28.320	2:49.854	1	14:08:02.933			1:49.684	3:34.162	2:00.223
2	14:17:55.497	8:36.118	1:10.320	2:16.257	3:11.184	1:58.357	2	14:16:33.833	8:30.900	1:11.258	1:59.389	3:22.526	1:57.727
3	14:26:29.919	8:34.422	1:08.187	2:24.003	3:03.475	1:58.757	3	14:25:59.675	9:25.842	1:05.000	2:03.390	3:47.855	2:29.597
4	14:40:25.890	13:55.971	1:05.853	2:20.335	3:05.177	7:24.606	4	14:41:57.243	15:57.568	1:10.540	2:01.362	3:28.241	9:17.425
5	14:48:49.909	8:24.019	1:06.051	2:10.528	3:04.071	2:03.369	5	14:50:54.283	8:57.040	1:08.036	2:01.330	3:42.147	2:05.527
6	14:57:37.300	8:47.391	1:07.331	2:14.468	3:20.035	2:05.557	6	14:59:33.838	8:39.555	1:09.578	2:04.548	3:24.973	2:00.456
7	15:06:15.855	8:38.555	1:08.925	2:16.334	3:11.670	2:01.626							
(1202) Wesley Giltjes							(1334) Bas Willems						
1	14:08:05.310			2:04.945	3:15.093	1:59.903	1	14:07:35.460			2:02.810	2:54.502	1:48.742
2	14:16:29.951	8:24.641	1:05.507	2:03.568	3:15.717	1:59.849	2	14:15:23.210	7:47.750	1:00.016	1:54.643	2:58.190	1:54.901
3	14:25:24.512	8:54.561	1:07.150	2:04.488	3:30.663	2:12.260	3	14:30:24.236	15:01.026	1:03.289	2:03.547	4:05.862	7:48.328
4	14:34:14.647	8:50.135	1:10.194	2:13.173	3:16.214	2:10.554	4	14:38:29.718	8:05.482	1:01.892	1:56.099	3:06.833	2:00.658
5	14:47:55.792	13:41.145	1:11.543	2:14.976	3:19.837	6:54.789	5	14:46:55.676	8:25.958	1:08.880	2:00.840	3:08.262	2:07.976
6	14:56:59.210	9:03.418	1:10.183	2:09.418	3:24.294	2:19.523	6	14:59:44.589	12:48.913	1:11.230	1:59.890	3:11.924	6:25.869
7	15:06:21.967	9:22.757	1:17.033	2:17.956	3:33.224	2:14.544							
(1304) Rick Olierook							(1381) Luc Peeters						
1	14:08:28.941			2:18.204	3:18.870	1:59.412	1	14:07:31.804			1:44.291	3:13.088	1:48.559
2	14:17:18.099	8:49.158	1:12.498	2:02.947	3:22.308	2:11.405	2	14:17:07.145	9:35.341	1:01.306	2:00.728	4:07.040	2:26.267
3	14:31:14.592	13:56.493			3:56.859	6:45.493	3	14:32:28.647	15:21.502	1:09.338	2:14.221	4:27.952	7:29.991
4	14:39:22.758	8:08.166	1:04.569	1:59.146	3:00.042	2:04.409	4	14:41:24.752	8:56.105	1:15.558	2:14.040	3:25.538	2:00.969
5	14:48:54.106	9:31.348	1:08.361	2:17.906	3:52.168	2:12.913	5	14:50:17.657	8:52.905	1:10.266	2:14.264	3:30.121	1:58.254
6	14:57:00.739	8:06.633	1:12.988			2:13.877	6	14:59:52.861	9:35.204	1:59.219	2:12.000	3:26.121	1:57.864
7	15:06:22.981	9:22.242	1:18.392	2:19.012	3:23.441	2:21.397							
(1282) Sam Vernooy							(1269) Axel Bult						
1	14:08:21.982			2:07.666	3:23.440	1:56.312	1	14:08:31.805			1:56.932	3:42.975	2:08.872
2	14:16:45.007	8:23.025	1:02.762	2:01.815	3:24.120	1:54.328	2	14:17:46.651	9:14.846	1:17.320	2:08.956	3:27.001	2:21.569
3	14:25:54.643	9:09.636	1:25.543	2:07.511	3:27.920	2:08.662	3	14:30:53.190	13:06.539	1:15.276	2:24.958	3:28.855	5:57.450
4	14:39:51.412	13:56.769	1:13.525	2:11.177	3:21.227	7:10.840	4	14:40:19.682	9:26.492	1:17.004	2:15.623	3:33.533	2:20.332
5	14:48:52.496	9:01.084	1:05.236	2:07.114	3:48.409	2:00.325	5	14:50:13.030	9:53.348	1:20.259	2:18.057	3:51.518	2:23.514
6	14:57:13.515	8:21.019	1:07.467	2:06.401	3:07.760	1:59.391	6	14:59:53.251	9:40.221	1:24.793	2:25.964	3:35.286	2:14.178
7	15:06:48.540	9:35.025	1:09.259	2:17.233	3:42.578	2:25.955							
(1283) Malko Pieneman							(1380) Dyon Seelen						
1	14:08:15.424			2:06.833	3:26.542	1:57.846	1	14:08:51.634			2:09.992	3:50.558	2:03.985
2	14:16:49.129	8:33.705	1:06.064	2:22.108	3:11.163	1:54.370	2	14:17:27.526	8:35.892	1:05.076	2:20.346	3:07.629	2:02.841
3	14:30:13.283	13:24.154	1:14.390	2:30.330	3:25.045	6:14.389	3	14:32:10.875	14:43.349	1:10.416	2:16.470	3:10.222	8:06.241
4	14:38:26.718	8:13.435	1:06.099	2:06.435	3:03.109	1:57.792	4	14:41:28.929	9:18.054	1:04.943	2:14.306	3:01.180	2:57.625
5	14:48:27.093	10:00.375	1:10.359	2:31.536	4:06.999	2:11.481	5	14:51:12.604	9:43.675	1:02.842	2:11.423	3:59.303	2:30.107
6	14:57:53.135	9:26.042	1:11.728	2:34.767	3:32.010	2:07.537	6	14:59:55.887	8:43.283	1:08.644	2:13.321	3:14.024	2:07.294
7	15:06:53.173	9:00.038	1:12.812	2:31.216	3:11.837	2:04.173							
(1488) Erik Hoebe							(1263) Huub Welten						
1	14:09:13.641			2:03.387	4:13.095	2:05.760	1	14:09:35.954			1:51.379	4:57.070	1:49.670
2	14:17:23.145	8:09.504	1:10.936	1:57.943	3:07.622	1:53.003	2	14:18:52.267	9:16.313	1:47.288	2:13.160	3:09.646	2:06.219
3	14:25:21.940	7:58.795	1:01.616	1:47.098	3:13.948	1:56.133	3	14:28:03.823	9:11.556	1:10.024	2:19.726	3:40.961	2:00.845
4	14:40:58.635	15:36.695	59.412	1:50.347	4:12.139	8:34.797	4	14:42:32.623	14:28.800	1:10.828	2:45.710	3:15.998	7:16.264
5	14:50:05.282	9:06.647	1:23.265	1:48.562	3:32.883	2:21.937	5	14:51:20.471	8:47.848	1:14.567	2:12.650	3:14.734	2:05.897
6	14:58:58.628	8:53.346	1:09.359	1:54.310	3:43.014	2:06.663	6	15:00:37.670	9:17.199	1:11.908	2:36.307	3:19.823	2:09.161
(1325) Frank Lankveld							(1224) Rowdy Smith						
1	14:08:37.467			2:04.671	3:33.058	2:12.471	1	14:08:22.904			2:17.444	3:21.595	1:56.035
2	14:17:16.634	8:39.167	1:12.020	2:03.556	3:15.773	2:07.818	2	14:17:42.639	9:19.735	1:06.053	2:19.035	3:54.588	2:00.059
3	14:27:36.261	10:19.627	1:07.919	2:04.566	3:17.240	3:49.902	3	14:27:00.476	9:17.837	1:03.998	2:18.092	3:53.237	2:02.510
4	14:40:19.371	12:43.110	1:14.805	2:06.797	3:39.369	5:42.139	4	14:44:07.229	17:06.753	1:10.325	2:20.283	3:33.734	10:02.411
5	14:49:45.329	9:25.958	1:15.711	2:11.975	3:45.153	2:13.119	5	14:52:44.251	8:37.022	1:07.576	2:12.260	3:08.640	2:08.546
6	14:59:12.605	9:27.276	1:14.917	2:13.053	3:42.662	2:16.644	6	15:01:17.317	8:33.066	1:06.619	2:13.597	3:15.125	1:57.725
							(1324) Jan de Jong						



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Heat 4

28.11.2015 14:00

Race (50:00 and 1 Laps) started at 14:00:22

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
1	14:08:10.575			2:00.786	3:31.069	1:53.682	3	14:32:24.839	14:54.455	1:12.904	2:17.120	3:47.378	7:37.053
2	14:24:48.415	16:37.840	1:05.376	2:32.703	3:32.889	9:26.872	4	14:41:22.141	8:57.302	1:06.791	2:13.169	3:28.328	2:09.014
3	14:33:27.579	8:39.164	1:04.270	1:59.206	3:26.995	2:08.693	5	14:52:38.309	11:16.168	2:42.753	2:28.880	3:49.069	2:15.466
4	14:43:04.878	9:37.299	1:11.874	2:11.306	4:01.425	2:12.694	6	15:02:38.328	10:00.019	1:22.312	2:34.327	3:44.341	2:19.039
5	14:52:06.614	9:01.736	1:18.879	2:08.743	3:28.370	2:05.744	(1326) Rudie Goldewijk						
6	15:01:41.842	9:35.228	1:16.029	2:31.232	3:39.009	2:08.958	1	14:09:47.792			2:16.170	3:17.389	3:20.987
(1299) Niki de Winkel							2	14:19:55.090	10:07.298	1:46.478	2:24.421	3:45.974	2:10.425
1	14:09:15.692			2:07.882	3:47.494	2:25.470	3	14:29:45.855	9:50.765	1:11.723	2:29.342	4:00.988	2:08.712
2	14:18:10.066	8:54.374	1:15.896	2:20.656	3:14.670	2:03.152	4	14:43:25.476	13:39.621	1:10.887	2:20.113	3:37.448	6:31.173
3	14:27:27.498	9:17.432	1:12.038	2:12.775	3:06.559	2:46.060	5	14:52:31.309	9:05.833	1:14.899	2:17.739	3:26.418	2:06.777
4	14:43:40.490	16:12.992	1:18.986	2:21.046	3:29.010	9:03.950	6	15:02:41.785	10:10.476	1:11.723	2:21.860	4:10.343	2:26.550
5	14:52:43.746	9:03.256	1:16.442	2:31.544	3:09.327	2:05.943	(1318) Nico Freriks						
6	15:01:45.795	9:02.049	1:12.080	2:09.112	3:35.445	2:05.412	1	14:09:12.017			2:13.885	3:51.483	2:07.089
(1247) Kevin Groeneveld							2	14:18:54.271	9:42.254	1:13.705	2:33.363	3:46.211	2:08.975
1	14:09:57.094			2:12.341	4:48.692	2:00.065	3	14:28:24.003	9:29.732	1:13.149	2:32.144	3:33.291	2:11.148
2	14:18:32.286	8:35.192	1:06.415	2:17.507	3:08.373	2:02.897	4	14:42:52.245	14:28.242	1:16.159	2:33.513	3:31.044	7:07.526
3	14:28:16.728	9:44.442	1:07.848	2:11.636	3:20.672	3:04.286	5	14:52:37.430	9:45.185	1:11.712	2:32.791	3:39.285	2:21.397
4	14:44:36.234	16:19.506	1:15.885	2:11.395	3:38.839	9:13.387	6	15:02:49.330	10:11.900	1:14.129	2:44.373	3:49.126	2:24.272
5	14:52:49.131	8:12.897	1:07.337	2:03.301	3:05.487	1:56.772	(1175) Berny Mellema						
6	15:01:50.614	9:01.483	1:10.235	2:10.190	3:34.139	2:06.919	1	14:10:08.963			1:54.074	5:30.635	2:00.916
(1323) Jim Doorewaard							2	14:18:53.437	8:44.474	1:15.640	2:03.431	3:25.427	1:59.976
1	14:07:20.128			1:54.880	2:49.375	1:45.549	3	14:27:50.654	8:57.217	1:19.259	2:06.164	3:27.065	2:04.729
2	14:15:05.759	7:45.631	58.569	1:58.025	2:59.585	1:49.452	4	14:44:25.492	16:34.838	1:11.418	2:29.584	3:49.115	9:04.721
3	14:25:35.971	10:30.212	1:00.401	3:43.164	3:44.070	2:02.577	5	14:53:18.305	8:52.813	1:07.409	1:57.509	3:32.625	2:15.270
4	14:45:02.090	19:26.119	1:11.386	2:25.778	3:03.705	12:45.250	6	15:03:07.835	9:49.530	1:16.518	2:04.439	4:07.437	2:21.136
5	14:53:22.413	8:20.323	1:03.403	2:13.174	3:05.850	1:57.896	(1313) Tristan Mooij						
6	15:01:52.416	8:30.003	1:12.340	2:13.352	3:02.119	2:02.192	1	14:09:21.897			2:16.858	4:00.893	2:14.005
(1220) Ynze Leenstra							2	14:18:57.075	9:35.178	1:11.710	2:14.787	3:31.403	2:37.278
1	14:09:32.218			2:24.187	3:56.511	2:10.976	3	14:28:46.038	9:48.963	1:19.674	2:40.468	3:36.990	2:11.831
2	14:19:12.125	9:39.907	1:12.754	2:29.194	3:49.895	2:08.064	4	14:44:15.743	15:29.705	1:10.736	2:13.974	3:35.678	8:29.317
3	14:28:42.455	9:30.330	1:15.810	2:28.159	3:41.020	2:05.341	5	14:53:19.426	9:03.683	1:08.990	2:08.648	3:40.797	2:05.248
4	14:43:18.944	14:36.489	1:18.299	2:26.047	3:56.578	6:55.565	6	15:03:09.681	9:50.255	1:22.026	2:14.373	3:49.353	2:24.503
5	14:52:30.452	9:11.508	1:10.098	2:20.904	3:36.178	2:04.328	(1476) Rick van Veen						
6	15:02:03.288	9:32.836	1:14.142	2:19.116	3:53.687	2:05.891	1	14:09:09.852			2:09.156	3:57.380	2:08.308
(1230) Ron van Rooij							2	14:18:22.332	9:12.480	1:18.457	1:57.542	3:41.906	2:14.575
1	14:08:55.323			2:24.772	3:24.233	2:08.184	3	14:27:24.360	9:02.028	1:19.755	2:01.400	3:33.951	2:06.922
2	14:18:21.056	9:25.733	1:10.451	2:33.038	3:31.457	2:10.787	4	14:43:19.897	15:55.537	1:56.172	2:11.057	3:56.297	7:52.011
3	14:27:39.069	9:18.013	1:13.025	2:36.553	3:19.370	2:09.065	5	14:52:42.102	9:22.205	1:14.145	2:08.822	3:43.972	2:15.266
4	14:36:57.092	9:18.023	1:09.429	2:29.846	3:22.305	2:16.443	6	15:03:27.751	10:45.649	1:22.556	2:20.430	4:38.127	2:24.536
5	14:52:51.105	15:54.013	1:17.271	2:42.347	3:25.259	8:29.136	(1327) Tom Tasseron						
6	15:02:06.925	9:15.820	1:12.908	2:36.966	3:12.790	2:13.156	1	14:08:34.172			2:04.087	3:37.912	2:04.434
(1222) Bram Walter							2	14:17:43.477	9:09.305	1:12.626	2:27.342	3:22.320	2:07.017
1	14:09:28.220			1:51.824	4:51.400	1:59.701	3	14:34:16.030	16:32.553	1:12.578	3:00.581	3:12.813	9:06.581
2	14:19:38.145	10:09.925	1:10.844	2:10.267	4:29.225	2:19.589	4	14:44:01.356	9:45.326	1:14.725	2:27.511	3:56.470	2:06.620
3	14:33:36.469	13:58.324	1:19.782	2:07.217	3:46.757	6:44.568	5	14:53:54.523	9:53.167	1:14.258	3:26.765	3:04.467	2:07.677
4	14:42:53.923	9:17.454	1:16.195	2:04.668	3:52.987	2:03.604	6	15:03:31.714	9:37.191	1:10.405	2:52.036	3:24.163	2:10.587
5	14:52:32.538	9:38.615	1:25.915	2:25.287	3:40.191	2:07.222	(1373) Daan Groeneweg						
6	15:02:21.963	9:49.425	1:12.297	2:13.840	4:12.107	2:11.181	1	14:07:45.345			1:53.132	3:28.271	1:38.885
(1240) Adrie Vonk							2	14:15:36.291	7:50.946	1:08.392	1:58.245	2:46.039	1:58.270
1	14:08:43.008			2:12.007	3:39.020	2:00.940	3	14:34:12.887	18:36.596	54.357	2:02.762	4:43.442	10:56.035
2	14:17:03.630	8:20.622	1:06.608	1:55.374	3:15.874	2:02.766	4	14:42:19.257	8:06.370	56.789	2:25.874	2:52.705	1:51.002
3	14:36:15.224	19:11.594	1:04.808	1:59.288	4:54.158	11:13.340	5	14:50:21.876	8:02.619	57.761	2:11.476	2:59.998	1:53.384
4	14:44:57.759	8:42.535	1:06.391	1:59.631	3:31.856	2:04.657	6	15:03:50.429	13:28.553	1:01.705	2:18.480	2:56.739	7:11.629
5	14:53:31.347	8:33.588	1:03.166	2:01.798	3:23.815	2:04.809	(1368) Shane Moss						
6	15:02:32.850	9:01.503	1:05.791	2:03.468	3:41.971	2:10.273	1	14:11:03.921			2:43.862	4:59.445	2:27.044
(1382) Pierre Cobraiville							2	14:20:50.149	9:46.228	1:13.589	2:24.825	3:53.522	2:14.292
1	14:08:18.054			1:59.734	3:29.028	2:01.096	3	14:29:56.970	9:06.821	1:11.359	2:18.383	3:30.548	2:06.531
2	14:17:30.384	9:12.330	1:09.499	2:13.695	3:45.141	2:03.995	4	14:44:53.197	14:56.227	1:06.194	2:21.924	3:35.356	7:52.753



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Heat 4

28.11.2015 14:00

Race (50:00 and 1 Laps) started at 14:00:22

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
5	14:54:20.196	9:26.999	1:10.720	2:50.669	3:18.303	2:07.307							
6	15:04:08.771	9:48.575	1:32.758	2:17.850	3:45.567	2:12.400							
(1310) Peter van Ee							(1296) Stefan Kaptein						
1	14:09:13.694			2:10.656	3:57.842	2:15.955	1	14:09:09.492			2:35.695	3:34.021	2:05.740
2	14:19:32.207	10:18.513	1:18.577	2:23.566	4:18.290	2:18.080	2	14:23:59.869	14:50.377	1:17.093	2:24.330	4:22.212	6:46.742
3	14:35:26.986	15:54.779	1:24.547	2:57.673	4:18.246	7:14.313	3	14:36:07.696	12:07.827	1:14.373	2:23.688	6:19.337	2:10.429
4	14:44:51.477	9:24.491	1:13.070	2:25.917	3:31.897	2:13.607	4	14:45:56.626	9:48.930	1:20.216	2:36.093	3:37.473	2:15.148
5	14:54:41.307	9:49.830	1:10.012	2:27.165	3:58.628	2:14.025	5	14:55:52.038	9:55.412	1:15.456	2:35.273	3:50.756	2:13.927
6	15:04:13.879	9:32.572	1:16.334	2:28.888	3:33.766	2:13.584	6	15:06:23.627	10:31.589	1:24.206	2:40.728	3:55.073	2:31.582
(1181) Ben van der Geest							(1280) Leon Nendels						
1	14:09:04.186				3:59.524	2:12.733	1	14:09:06.650			2:13.194	3:48.156	2:17.781
2	14:18:33.119	9:28.933			3:53.223	2:07.603	2	14:25:20.159	16:13.509	1:14.535	2:22.254	4:07.711	8:29.009
3	14:34:10.389	15:37.270	1:19.122	2:10.162	4:07.605	8:00.381	3	14:35:57.856	10:37.697	1:18.941	2:28.773	4:24.903	2:25.080
4	14:43:15.946	9:05.557			3:40.910	2:13.061	4	14:45:52.325	9:54.469	1:10.541	2:28.961	3:48.592	2:26.375
5	14:53:00.880	9:44.934			4:06.325	2:08.238	5	14:56:01.731	10:09.406	1:22.128	2:41.599	3:46.219	2:19.460
6	15:04:15.543	11:14.663			4:33.388	2:24.339	6	15:07:05.068	11:03.337	1:23.144	2:58.886	4:05.328	2:35.979
(1369) Edwin Satink							(1234) Vince Rubers						
1	14:08:30.267			2:09.393	3:20.077	2:04.293	1	14:09:41.998			2:33.298	4:00.270	2:16.477
2	14:23:28.691	14:58.424	1:08.137	2:09.433	3:38.466	8:02.388	2	14:25:52.953	16:10.955	1:27.649	2:41.611	3:56.666	8:05.029
3	14:33:57.655	10:28.964	1:13.994	2:00.209	5:02.216	2:12.545	3	14:36:48.493	10:55.540	1:20.111	2:41.547	4:41.389	2:12.493
4	14:43:20.374	9:22.719	1:10.165	2:12.608	3:44.361	2:15.585	4	14:47:00.417	10:11.924	1:16.071	2:52.871	3:52.358	2:10.624
5	14:53:53.457	10:33.083	1:10.840	2:20.200	4:39.164	2:22.879	5	14:57:17.504	10:17.087	1:22.901	3:26.902	3:18.324	2:08.960
6	15:04:23.738	10:30.281	1:19.927	2:25.885	4:07.384	2:37.085	6	15:07:10.161	9:52.657	1:12.569	2:28.526	4:06.988	2:04.574
(1356) Hidde Lemmens							(1146) Richard de Groot						
1	14:09:04.208				4:12.369	2:01.207	1	14:08:53.681			2:08.904	3:42.890	2:14.267
2	14:18:08.024	9:03.816	1:06.438	2:20.985	3:30.680	2:05.713	2	14:18:15.448	9:21.767	1:20.089	2:14.538	3:36.957	2:10.183
3	14:27:11.594	9:03.570	1:10.154	2:24.657	3:23.189	2:05.570	3	14:34:57.594	16:42.146	1:17.404	2:17.232	4:14.277	8:53.233
4	14:44:05.556	16:53.962	1:09.795	2:25.197	4:15.399	9:03.571	4	14:44:56.035	9:58.441	1:16.460	2:21.967	3:56.149	2:23.865
5	14:53:05.827	9:00.271	1:07.597	2:21.010	3:22.767	2:08.897	5	14:56:42.364	11:46.329	1:14.734	3:31.652	4:33.177	2:26.766
6	15:04:33.940	11:28.113	1:17.182	2:28.017	3:34.127	4:08.787	6	15:07:56.149	11:13.785	2:07.983	2:21.910	4:23.414	2:20.478
(1147) Freddy Dikkeboer							(1303) Marcel Tabak						
1	14:09:07.368			2:07.129	3:38.563	2:10.811	1	14:09:15.107			2:35.397	3:47.638	2:05.978
2	14:18:26.193	9:18.825	1:18.216	2:07.143	3:19.767	2:33.699	2	14:18:19.077	9:03.970	1:15.387	2:08.209	3:30.755	2:09.619
3	14:36:36.515	18:10.322	1:11.812	2:09.361	4:13.635	10:35.514	3	14:40:13.231	21:54.154	2:42.312	2:14.508	4:52.435	12:04.899
4	14:45:32.243	8:55.728	1:09.913	2:01.223	3:35.892	2:08.700	4	14:49:19.547	9:06.316	1:10.378	2:13.058	3:24.826	2:18.054
5	14:55:24.266	9:52.023	1:10.993	2:11.076	3:58.585	2:31.369	5	14:58:56.373	9:36.826	1:14.339	2:16.166	3:44.871	2:21.450
6	15:04:46.790	9:22.524	1:17.370	2:09.200	3:52.158	2:03.796	(1207) Ton Linthorst						
(1162) Jeroen van den Bor							1	14:10:38.905			2:11.905	5:13.072	2:15.804
1	14:08:51.332			2:03.194	3:47.008	2:15.389	2	14:20:56.212	10:17.307	1:12.323	2:33.700	4:05.790	2:25.494
2	14:18:39.653	9:48.321	1:16.008	2:17.604	4:00.830	2:13.879	3	14:31:17.556	10:21.344	1:16.718	2:23.773	4:12.270	2:28.583
3	14:28:46.090	10:06.437	1:10.770	2:42.173	4:02.554	2:10.940	4	14:49:06.354	17:48.798	1:13.566	2:51.141	4:12.460	9:31.631
4	14:46:20.415	17:34.325	1:14.590	2:32.917	3:38.309	10:08.509	5	15:00:01.579	10:55.225	1:13.360	2:57.944	4:14.242	2:29.679
5	14:55:58.894	9:38.479	1:12.643	2:20.212	3:55.083	2:10.541	(1236) Herman Ponssen						
6	15:05:12.570	9:13.676	1:11.707	2:21.643	3:31.487	2:08.839	1	14:10:23.891			2:24.357	4:38.428	2:31.508
(1253) Ricardo Beerens							2	14:21:02.156	10:38.265	1:21.679	2:41.457	4:09.971	2:25.158
1	14:09:25.434			2:04.364	4:35.283	1:59.946	3	14:38:44.755	17:42.599	1:14.393	2:36.274	4:19.169	9:32.763
2	14:19:35.671	10:10.237	1:09.762	3:03.126	3:50.676	2:06.673	4	14:48:58.449	10:13.694	1:19.745	2:39.673	3:51.814	2:22.462
3	14:34:46.780	15:11.109	1:08.454	2:19.339	3:34.358	8:08.958	5	15:00:06.941	11:08.492	1:16.347	2:47.803	3:59.911	3:04.431
4	14:44:10.667	9:23.887	1:14.021	2:31.732	3:25.825	2:12.309	(1190) Leo van Gorkum						
5	14:54:50.154	10:39.487	1:13.621	2:28.442	3:35.335	3:22.089	1	14:09:06.831			1:47.914	4:06.162	2:26.411
6	15:05:25.464	10:35.310	1:13.591	2:29.634	4:33.119	2:18.966	2	14:19:39.889	10:33.058	1:42.448	2:08.353	3:37.251	3:05.006
(1200) Frank Jurrissen							3	14:37:01.638	17:21.749	1:48.010	2:14.128	4:50.528	8:29.083
1	14:10:08.888			2:13.629	4:56.768	2:07.325	4	14:47:19.390	10:17.752	1:13.587	2:15.913	4:20.564	2:27.688
2	14:20:37.109	10:28.221	1:19.071	2:29.365	4:29.561	2:10.224	5	15:00:31.106	13:11.716	1:32.534	2:42.546	5:46.175	3:10.461
3	14:30:40.284	10:03.175	1:14.895	2:54.655	3:41.304	2:12.321	(1300) Jelle Zweers						
4	14:45:31.740	14:51.456	1:14.355	2:33.253	3:42.704	7:21.144	1	14:09:51.057			2:17.898	4:22.838	2:10.636
5	14:55:42.474	10:10.734	1:15.258	2:39.442	3:54.344	2:21.690	2	14:20:48.842	10:57.785	1:26.649	2:18.371	4:40.013	2:32.752
6	15:05:46.046	10:03.572	1:15.283	2:42.356	3:46.722	2:19.211	3	14:40:23.829	19:34.987	1:09.452	2:26.623	4:09.631	11:49.281
							4	14:50:54.790	10:30.961	1:18.077	2:30.084	4:14.637	2:28.163





RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Heat 4

28.11.2015 14:00

Race (50:00 and 1 Laps) started at 14:00:22

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
5	15:01:44.074	10:49.284	1:40.062	2:33.923	3:54.466	2:40.833	3	14:35:23.553	9:31.421	1:11.297	2:12.818	4:04.099	2:03.207
							4	15:00:21.788	24:58.235	1:12.462	2:12.247	3:29.127	18:04.399
(1339) Marco Suik							(1215) Pascal Mooren						
1	14:11:25.644			2:19.808	5:35.392	2:35.000	1	14:12:08.390			2:35.862	5:04.022	3:37.887
2	14:21:36.522	10:10.878	1:19.804	2:21.966	4:07.939	2:21.169	2	14:26:58.872	14:50.482	1:31.833	2:48.070	6:01.622	4:28.957
3	14:39:40.706	18:04.184	1:33.118	2:19.761	5:36.514	8:34.791	3	14:50:02.858	23:03.986	1:35.057	2:53.369	10:18.629	8:16.931
4	14:50:18.621	10:37.915	1:19.304	2:25.864	4:23.240	2:29.507	4	15:04:32.353	14:29.495	1:53.642	3:30.111	5:56.333	3:09.409
5	15:02:03.269	11:44.648	1:33.357	2:24.359	5:19.481	2:27.451							
(1309) Dennes Feijen							(307) Richard van Baaren						
1	14:12:06.750			2:03.303	6:34.128	2:39.078	1	14:38:45.031			1:45.044	2:30.518	1:41.017
2	14:29:32.310	17:25.560	1:21.196	2:32.739	3:30.620	10:01.005	2	14:45:37.868	6:52.837	52.806	1:39.780	2:40.889	1:39.362
3	14:40:38.101	11:05.791	1:09.385	2:26.034	4:47.172	2:43.200	3	14:56:57.072	11:19.204	57.395	1:53.092	2:48.846	5:39.871
4	14:51:22.147	10:44.046	1:17.035	3:06.627	3:54.517	2:25.867	4	15:04:33.612	7:36.540	58.800	1:59.848	2:51.047	1:46.845
5	15:02:12.621	10:50.474	1:19.475	2:36.117	4:13.335	2:41.547							
(1244) Henk-jaap kremers							(1348) Roy Vrugt						
1	14:09:32.676			2:17.236	4:16.918	2:11.924	1	14:08:05.845			2:02.608	3:15.892	1:57.503
2	14:20:28.920	10:56.244	1:27.711	2:32.887	4:30.686	2:24.960	2	14:16:29.238	8:23.393	1:06.053	1:59.182	3:19.029	1:59.129
3	14:38:59.687	18:30.767	2:21.734	3:14.673	5:16.353	7:38.007	3	14:31:50.389	15:21.151	1:05.349	2:09.909	3:34.419	8:31.474
4	14:50:07.145	11:07.458	1:13.528	2:32.686	4:17.148	3:04.096	4	15:04:41.402	32:51.013	1:03.163	2:01.682	3:32.909	26:13.259
5	15:02:41.339	12:34.194	1:49.378	2:37.676	4:49.765	3:17.375							
(1154) Peter Maranus							(1477) Johan Holmfred						
1	14:06:37.128			1:34.390	2:46.568	1:37.624	1	14:41:41.897			2:09.544	2:42.247	1:50.312
2	14:13:49.989	7:12.861	59.122	1:37.447	2:55.168	1:41.124	2	14:49:43.028	8:01.131	59.681	2:10.635	2:53.929	1:56.886
3	14:21:18.982	7:28.993	59.796	1:40.453	3:00.528	1:48.216	3	14:57:56.737	8:13.709	1:02.614	2:16.978	2:53.965	2:00.152
4	14:32:31.292	11:12.310	1:00.156	1:45.605	3:01.451	5:25.098	4	15:06:41.834	8:45.097	1:28.184	2:22.439	2:50.074	2:04.400
5	15:04:12.422	31:41.130	1:03.227	2:00.837									
(1377) Rick Harsevoort							(1490) Joost Goedhart						
1	14:09:42.698			2:25.258	4:20.422	1:54.799	1	14:17:53.530			2:35.472	12:00.193	2:21.518
2	14:30:11.214	20:28.516	1:34.738	3:08.307	4:36.089	11:09.382	2	14:43:52.550	25:59.020	1:36.307	2:53.327	8:12.088	13:17.298
3	14:39:32.666	9:21.452	1:15.172	2:41.300	3:12.157	2:12.823	3	14:55:04.717	11:12.167	1:37.778	2:35.086	4:38.715	2:20.588
4	14:55:38.683	16:06.017	1:12.442	2:45.237	4:26.759	7:41.579	4	15:08:01.609	12:56.892	1:12.706	2:39.362	5:40.234	3:24.590
5	15:06:26.766	10:48.083	1:20.242	2:53.798	3:39.128	2:54.915							
(1272) Jeroen Heinhuis							(1338) Stephan Suijkerbuijk						
1	14:09:02.561			1:55.556	4:13.731	2:09.027	1	14:24:14.277			2:40.043	7:02.222	13:31.926
2	14:21:44.369	12:41.808	1:29.053	3:16.373	4:12.529	3:43.853	2	14:46:55.108	22:40.831			5:44.788	11:01.307
3	14:37:47.814	16:03.445	1:15.790	2:01.691	4:52.405	7:53.559	3	14:59:05.825	12:10.717			4:37.997	2:59.374
4	14:54:14.418	16:26.604	1:13.414	8:43.118	4:10.074	2:19.998							
5	15:06:40.089	12:25.671	3:18.181	2:22.246	4:18.187	2:27.057							
(1206) Martijn Waayer							(1) Nathan Watson						
1	14:08:31.005			1:56.914	3:55.787	1:53.805	1	14:04:50.324			1:17.499	1:49.190	1:08.067
2	14:33:28.404	24:57.399	1:07.208	2:13.416	7:18.383	14:18.392	2	14:09:45.504	4:55.180	39.420	1:16.180	1:50.342	1:09.238
3	14:42:36.504	9:08.100	1:01.933	2:05.853	3:58.819	2:01.495	3	14:14:45.507	5:00.003	40.258	1:17.203	1:52.894	1:09.648
4	14:53:12.313	10:35.809	1:07.479	2:10.872	4:37.024	2:40.434	4	14:19:42.516	4:57.009	39.034	1:16.438	1:52.646	1:08.891
5	15:07:04.891	13:52.578	1:06.755	2:27.613	3:40.951	6:37.259	5	14:24:47.769	5:05.253	39.908	1:17.902	1:55.257	1:12.186
							6	14:29:49.380	5:01.611	40.327	1:17.301	1:54.324	1:09.659
							7	14:36:55.470	7:06.090	40.506	1:17.832	1:52.595	3:15.157
							8	14:41:58.943	5:03.473	39.663	1:16.106	1:53.833	1:13.871
							9	14:47:03.926	5:04.983	40.711	1:20.883	1:51.820	1:11.569
(1176) Mike Pearson							(1227) Dennis Wiemann						
1	14:16:47.059			1:49.251	11:16.690	2:45.032	1	14:05:46.776			1:31.901	2:15.385	1:20.457
2	14:34:23.766	17:36.707	2:30.560	2:17.690	4:21.167	8:27.290	2	14:11:22.080	5:35.304	41.275	1:30.348	2:03.463	1:20.218
3	14:43:36.509	9:12.743	1:08.185	1:59.546	3:28.949	2:36.063	3	14:17:33.010	6:10.930	1:03.460	1:33.718	2:12.170	1:21.582
4	14:58:53.154	15:16.645	1:15.631	2:23.466	4:44.176	6:53.372	4	14:23:37.624	6:04.614	47.601	1:39.253	2:14.402	1:23.358
							5	14:29:30.873	5:53.249	46.231	1:34.722	2:09.376	1:22.920
							6	14:38:29.322	8:58.449	45.383	1:35.444	2:09.883	4:27.739
							7	14:44:17.995	5:48.673	46.023	1:31.943	2:09.602	1:21.105
							8	14:50:14.740	5:56.745	48.077	1:37.426	2:08.023	1:23.219
							9	14:57:23.123	7:08.383	46.698	1:35.237	2:06.139	2:40.309
(1328) Marcel Jurrius							(1159) Maurice vd Broek						
1	14:11:52.066			2:47.694	5:17.753	2:48.349	1	14:05:51.500			1:27.769	2:19.924	1:27.188
2	14:23:29.027	11:36.961	1:32.687	2:38.463	4:39.856	2:45.955	2	14:12:19.847	6:28.347	48.646	1:42.749	2:26.767	1:30.185
3	14:47:37.482	24:08.455	1:34.484	2:35.354	4:52.928	15:05.689	3	14:19:03.835	6:43.988	50.637	1:45.145	2:36.749	1:31.457
4	14:59:05.086	11:27.604	1:33.885	2:30.317	4:21.778	3:01.624	4	14:25:43.512	6:39.677	51.205	1:44.380	2:29.018	1:35.074
							5	14:32:32.939	6:49.427	55.557	1:47.861	2:30.613	1:35.396
(1195) Bas Olyslager													
1	14:08:19.688			2:08.979	3:26.519	1:55.783							
2	14:25:52.132	17:32.444	1:12.024	2:19.211	3:24.574	10:36.635							



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Heat 4

28.11.2015 14:00

Race (50:00 and 1 Laps) started at 14:00:22

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
6	14:42:03.062	9:30.123	54.581	1:51.220	2:35.669	4:08.653	2	14:24:53.947	13:37.794	2:44.511	2:53.739	4:42.765	3:16.779
7	14:48:46.652	6:43.590	52.792	1:45.104	2:28.427	1:37.267	3	14:43:02.448	18:08.501	2:49.319	2:50.212	4:26.107	8:02.863
8	14:55:35.459	6:48.807	52.687	1:47.298	2:33.583	1:35.239	4	14:56:39.345	13:36.897	1:22.077	2:51.086	7:03.748	2:19.986
(641) Stijn Sanders							(1315) Jacco Lokerse						
1	14:06:09.656					1:37.400	1	14:11:57.521			2:36.390	5:06.452	3:28.356
2	14:13:31.132	7:21.476	56.377	1:55.005	2:48.296	1:41.798	2	14:22:57.423	10:59.902	1:35.448	3:07.569	4:07.370	2:09.515
3	14:21:17.332	7:46.200	59.443	1:58.578	2:57.400	1:50.779	3	14:45:55.970	22:58.547	1:34.444	3:04.891	5:13.140	13:06.072
4	14:28:58.883	7:41.551	57.608	2:07.252	2:54.888	1:41.803	4	14:57:33.962	11:37.992	2:12.781	3:01.735	4:02.415	2:21.061
5	14:36:33.268	7:34.385	59.123	1:59.302	2:54.673	1:41.287	(1265) Wim van Raalte						
6	14:44:11.623	7:38.355	57.086	1:57.481	3:00.509	1:43.279	1	14:11:46.489			2:41.848	5:28.965	2:36.010
(1396) Mareno Lubkemann							2	14:26:26.808	14:40.319	1:55.442	3:25.264	6:24.415	2:55.198
1	14:06:55.876			1:34.552	2:58.210	1:41.428	3	14:45:48.307	19:21.499	1:59.073	3:04.983	5:36.440	8:41.003
2	14:14:01.170	7:05.294	56.218	1:45.021	2:46.455	1:37.600	4	14:57:34.472	11:46.165	1:46.894	2:32.599	4:40.749	2:45.923
3	14:21:30.074	7:28.904	54.758	1:45.192	3:03.008	1:45.946	(1289) Peter Vochteloo						
4	14:28:50.933	7:20.859	58.392	1:46.144	2:57.758	1:38.565	1	14:09:50.678			2:30.132	4:11.694	2:12.051
5	14:42:15.211	13:24.278	1:00.524	1:52.967	2:57.828	7:32.959	2	14:31:52.864	22:02.186	2:14.265	2:17.195	4:35.444	12:55.282
(1163) Wim Brouwer							3	14:41:32.839	9:39.975	1:14.665	2:21.891	3:44.414	2:19.005
1	14:08:14.361			2:03.631	3:26.777	2:00.139	4	14:58:12.667	16:39.828	1:17.182	2:31.698	3:46.597	9:04.351
2	14:25:24.630	17:10.269	1:04.613	2:13.339	3:22.818	10:29.499	(94) Sven van der Mierden						
3	14:34:26.774	9:02.144	1:07.973	2:16.971	3:27.398	2:09.802	1	14:05:10.584			1:23.089	1:58.263	1:12.679
4	14:43:49.944	9:23.170	1:13.095	2:36.559	3:18.779	2:14.737	2	14:10:29.155	5:18.571	41.807	1:23.141	1:56.986	1:16.637
5	14:54:10.187	10:20.243	1:19.784	2:26.195	4:10.449	2:23.815	3	14:16:13.044	5:43.889	43.335	1:26.066	2:03.098	1:31.390
(1160) Fons de Boer							(1487) Michael Hool						
1	14:09:41.875			2:18.490	4:21.305	2:07.405	1	14:05:48.885			1:40.544	2:02.903	1:13.282
2	14:24:57.286	15:15.411	1:14.270	2:28.031	3:59.583	7:33.527	2	14:11:07.043	5:18.158	39.943	1:23.573	1:57.244	1:17.398
3	14:35:23.196	10:25.910	1:22.668	3:16.572	3:38.878	2:07.792	3	14:16:31.531	5:24.488	40.525	1:28.084	1:58.268	1:17.611
4	14:45:01.612	9:38.416	1:12.634	2:26.262	3:51.168	2:08.352	(1387) Sauro Deleau						
5	14:55:44.367	10:42.755	1:13.982	2:33.865	4:40.641	2:14.267	1	14:07:10.898			1:50.867	2:52.238	1:37.699
(1292) Ronald Hoex							2	14:14:08.287	6:57.389	53.768	1:48.300	2:40.370	1:34.951
1	14:10:13.620			2:41.268	4:12.284	2:24.889	3	14:21:08.332	7:00.045	55.061	1:45.349	2:43.668	1:35.967
2	14:21:35.425	11:21.805	1:16.833	2:54.344	4:32.902	2:37.726	(1177) Arjan te Kulve						
3	14:33:05.428	11:30.003	1:28.989	2:53.736	4:24.541	2:42.737	1	14:10:39.126			2:15.777	5:25.522	2:16.770
4	14:45:34.820	12:29.392	1:35.737	3:08.886	4:36.542	3:08.227	2	14:23:59.921	13:20.795	4:45.422	2:17.295	3:59.449	2:18.629
5	14:58:07.040	12:32.220	1:46.092	3:13.064	4:48.581	2:44.483	3	14:47:47.170	23:47.249	4:36.145	3:12.229	3:59.773	11:59.102
(1237) Maurice Klijn							(1287) Mike Vink						
1	14:05:26.193			1:27.458	2:02.047	1:18.496	1	14:05:52.054			1:29.122	2:19.506	1:19.917
2	14:11:12.044	5:45.851	44.750	1:29.320	2:09.154	1:22.627	2	14:11:37.281	5:45.227	44.684	1:26.990	2:10.896	1:22.657
3	14:17:25.452	6:13.408	45.266	1:34.430	2:23.256	1:30.456	(1249) Marc Peters						
4	14:23:50.222	6:24.770	53.891	1:38.435	2:21.324	1:31.120	1	14:07:33.547			1:50.783	2:52.707	1:43.657
(21) Kay Hulshof							2	14:14:47.976	7:14.429	59.589	1:47.473	2:46.124	1:41.243
1	14:05:40.870			1:27.793	2:14.787	1:22.139	(1298) Daniel vd Hulst						
2	14:11:47.034	6:06.164	46.131	1:31.179	2:16.110	1:32.744	1	14:08:38.982			1:57.738	3:49.209	1:59.031
3	14:18:07.684	6:20.650	48.989	1:35.703	2:23.052	1:32.906	2	14:17:30.247	8:51.265	1:07.414	2:23.135	3:20.500	2:00.216
4	14:25:03.631	6:55.947	55.965	1:46.449	2:37.045	1:36.488	(1361) Ian van der Kolk						
(1365) Patrick van Rijbroe							1	14:23:45.489					
1	14:09:38.931			2:11.446	4:07.399	2:25.887	2	14:29:40.537	5:55.048	48.324	1:27.464	2:13.577	1:25.683
2	14:19:54.081	10:15.150	1:19.466	2:30.183	3:56.888	2:28.613	(1223) Bjorn Verlangen						
3	14:31:03.857	11:09.776	1:24.896	2:29.868	4:43.943	2:31.069	1	14:09:29.268					
4	14:42:47.315	11:43.458	1:30.142	2:39.460	5:04.150	2:29.706	2	14:26:14.263	16:44.995	1:11.697	2:31.992	4:22.818	8:38.488
(1211) Richard Baart							3	14:46:23.631	20:09.368	1:12.850	2:34.372	3:45.071	12:37.075
1	14:09:29.268			2:44.579	3:49.994	2:04.228	4	14:56:04.304	9:40.673	1:17.182	2:25.643	3:42.796	2:15.052
2	14:26:14.263	16:44.995	1:11.697	2:31.992	4:22.818	8:38.488	(1496) Ruud van Hooydonk						
3	14:46:23.631	20:09.368	1:12.850	2:34.372	3:45.071	12:37.075	1	14:13:15.016			2:04.395	7:00.935	3:12.518
4	14:56:04.304	9:40.673	1:17.182	2:25.643	3:42.796	2:15.052	2	14:46:08.241	32:53.225	8:11.360	11:34.052	4:17.114	8:50.699
(1276) Pim Verhulst													
1	14:11:16.153			2:28.360	5:08.533	2:36.419							



RBKO Den Haag

RBKO

Scheveningen 5,000 Km

Heat 4

28.11.2015 14:00

Race (50:00 and 1 Laps) started at 14:00:22

Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm	Lap	Time of Day	Lap Tm	S1 Tm	S2 Tm	S3 Tm	S4 Tm
(33) Cerial Klein Kromhof													
1	14:04:57.912			1:19.440	1:50.938	1:12.050							
(1171) Jeffrey Zweers													
1	14:06:05.350			1:26.975	2:31.079	1:29.239							
(1492) Mark van Keulen													
1	14:06:56.053			1:52.531	2:39.047	1:37.464							
(1239) Rogier Luijbregts													
1	14:07:59.564			1:51.551	3:35.236	1:51.320							
(1478) Rodi Vos													
1	14:10:42.033			2:12.538	5:34.314	2:06.571							
(1293) Wout Kaptein													
1	14:11:13.596			2:23.783	5:38.609	2:14.363							
(1173) Rini Hendriks													
1	14:12:52.765			2:12.340	6:07.922	3:51.560							
(1370) Erik van der Knaap													
1	14:15:35.738			3:08.156	7:39.615	3:42.565							
(1264) Guillermo Pinas													
1	14:19:59.388			2:01.735	6:06.551	10:55.113							
(1358) Marco Holleman													
1	14:31:11.655			2:35.081	9:54.715	17:50.045							
(1284) Theo ekkelboom													
1	14:41:23.016			2:54.224	7:22.373	30:15.605							
(1308) Tom Smits													
1	14:08:31.496			2:21.417	3:23.219	1:53.532							
2	14:18:02.179	9:30.683	1:30.536	2:30.169	3:25.456	2:04.522							
3	14:27:20.361	9:18.182	1:10.904	2:30.252	3:27.091	2:09.935							
4	14:36:13.303	8:52.942	1:09.123	2:18.312	3:19.424	2:06.083							
5	14:45:21.553	9:08.250	1:08.529	2:17.298	3:38.667	2:03.756							
6	14:54:13.037	8:51.484	1:05.439	2:24.690	3:13.488	2:07.867							
7	15:03:21.071	9:08.034	1:09.779	2:19.119	3:26.802	2:12.334							
(1347) Casper Wesselingh													
1	14:08:18.488			2:10.494	3:20.985	1:49.816							
2	14:17:07.469	8:48.981	1:04.905	2:28.762	3:00.610	2:14.704							
3	14:25:33.566	8:26.097	1:05.560	2:20.323	3:14.334	1:45.880							
4	14:33:46.088	8:12.522	1:07.558	2:22.370	2:56.289	1:46.305							
5	14:49:44.390	15:58.302	1:08.774	2:34.047									
6	14:58:18.472	8:34.082	1:01.608	2:05.906	3:21.697	2:04.871							
7	15:07:46.799	9:28.327	1:08.298	3:01.104	3:24.644	1:54.281							
(1286) Leo Verdijk													
1	14:09:48.952			1:48.054	5:21.149	1:56.801							
2	14:18:54.197	9:05.245	1:06.268	2:05.613	3:57.898	1:55.466							
3	14:36:54.853	18:00.656	1:04.942	1:58.958	3:39.463	11:17.293							
4	14:46:37.433	9:42.580	1:06.498	2:07.899	4:23.757	2:04.426							
5	14:55:21.345	8:43.912	1:07.259	2:11.414	3:14.949	2:10.290							
6	15:07:06.420	11:45.075	1:13.790	2:22.452	5:36.770	2:32.063							